Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name _____ **Date** _____

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings*:

- O2 84% RA
- RR 24 (Shallow)
- Abdominal Pain (10/10)
- Nausea
- Thick Secretions (Clear)
- Non-productive cough
- Pinpoint Pupils (1mm)
- AO x3
- Clear Lung sounds (Bilateral)
- Poor skin turgor (elasticity)
- Shiny non-pitting edema
- Restless

Lab findings/diagnostic tests*:

- Aspiration Pneumonia CXR
- Bilateral Opacity CXR
- Cardiomegaly CXR
- "Possible HF" CXR
- PO2 48.7% ABG (Severe Hypoxia)
- PCO2 36.5% ABG
- CO2 22.8 ABG
- O2 Sat 85% ABG

Risk factors*:

- Age (77)
- Poor cough function
- Muscular Dystrophy
- Thyroidectomy
- Frailty
- Medications (Ativan, Roxy, Dilauded)
- Former Smoker
- Immobility

Interpreting/Analyzing Cues/ Prioritizing Hypotheses/ Generating Solutions:

Nursing priorities*: *Highlight the top nursing priority problem*

- Risk for Aspiration
- Ineffective Airway Clearance
- Impaired Oxygenation
- Clear Airway Maintenance
- Impaired BM
- Impaired Urinary Elimination
- Impaired Mobility

Potential complications for the top priority:

- Pneumonia
  - Advantageous Lung Sounds
  - Low Pulse Oxygen
  - Increased WBC
- Medications
  - Kussmaul Respirations
  - Muscle Weakness (Ativan)
  - Nausea/Vomiting
- Respiratory Arrest
  - Death
  - Brain Injury
  - Organ Failure
  - Decreased O2

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Responding/Taking Actions:

Nursing interventions for the top priority:

1. Monitor Vital Signs Q4Hr
    a. Pulse Ox, RR, BP
2. Assess need for suction PRN
    a. Remove thick secretions
3. Assess Lung Sounds Q4hr
    a. Bilateral for any changes
4. Assess for Infection PRN
    a. Fever, Sputum Sample, CXR, ABG, Pulse Ox, HR
5. Assess pain to determine discomfort Q4Hr or PRN
    a. Watch for respiratory changes
6. Assess for Respiratory Distress Q4Hr or PRN
    a. Labored Breathing, Restlessness, Increased RR
7. Collaborate with Team PRN
    a. Respiratory, Lab, HCP, Imaging, ST
8. Provide Education to patient
    a. Effective ways to clear airway of secretions
    b. Positioning, Coughing, Ambulation, O2 Therapy

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

- Improved Oxygen 95% (Vapotherm 35L 70%)
- Improved RR (20/min)
- WBC (14.6)
- PO2 ABG Increase
- Secretion deduction (With Suction)
- Barium Swallow Evaluation (Negative)
- Mobility remains limited
- Atelectasis remains (Bilateral)
- Medication Regimen r/t respiratory distress
- Improved ABG
- Restlessness remains
- AO (x3)
- Lung sounds remain clear
- Nausea improved (Zofran IV)
- Naloxone IV (Opioid Reversal to help respiratory distress)