

Aromatherapy: Use of Essential Oils to Decrease Pain, Anxiety, and Nausea in Acute Care

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Phase 1:

1. "Choose your scent"
2. Hamilton, W., Bradley, D., Backus, C., Zenteno, J., Block, W., Landt, C., Demotica, R., Samorn, A., & Dickinson, C. (2022). Aromatherapy: Use of Essential Oils to Decrease Pain, Anxiety, and Nausea In Acute Care. *Medsurg Nursing*. 31(2), 110-113.
3. Which scents of essential oils were used in this study?
 - a. lavender, sage, orange, mint, tea tree
 - b. lavender, mandarin, spearmint, and Quease
 - c. peppermint, eucalyptus, lavender, Chamomile
 - d. eucalyptus, tea tree, cedar, and lemon grass
4. *answer* → "The education consisted of the types of essential oil products (lavender, mandarin, spearmint, and quease (EASE)." Pg 2 paragraph 6