

Firelands Regional Medical Center School of Nursing  
Nursing Care Map

Student Name Stevi Ward

Date 1/24-25

Noticing/Recognizing Cues:

**\*Highlight all related/relevant data from the Noticing boxes that support the top priority problem\***

Assessment findings\*:

- Dentures
- Glasses
- Ambulates with walker
- 9/10 lower back pain
- Right knee wound
- **Anxious**
- **Intermittent non-productive cough**
- Non-reactive pupils
- **SOB on exertion**
- 20g IV in right forearm
- BP 165/76
- **100% oxygen on 2L**

Lab findings/diagnostic tests\*:

- WBC 9.6
- RBC 3.68
- **Hgb 9.6 L**
- **Hct 29.7 L**
- RDW 18.0 H
- HCV 80.8
- D-dimer 614 H
- EKG - sinus rhythm with marked sinus arrhythmia

Risk factors\*:

- **Smoker**
- MI
- **Age 74**
- **COPD**
- **Anxiety**
- HTN
- Ambulates with walker
- BMI 14.8
- **Pneumonia**
- **Asthma**
- CAD
- **Home oxygen**

Interpreting/Analyzing Cues/  
Prioritizing Hypotheses/  
Generating Solutions:

Nursing priorities\* : **\*Highlight the top nursing priority problem\***

- **Impaired Gas Exchange**
- Impaired Skin Integrity
- Acute Pain
- Ineffective Breathing Pattern
- Impaired Dentition

Potential complications for the top priority:

- **Pneumonia** (dyspnea, abnormal lung sounds, positive CXR)
- **Falls** (weakness, dizziness, decreased strength)
- **Poor nutrition** (weight loss, poor appetite, decreased intake and output)

Firelands Regional Medical Center School of Nursing  
Nursing Care Map

Student Name \_\_\_\_\_ Stevi Ward \_\_\_\_\_

Date \_\_\_\_\_ 1/24-25 \_\_\_\_\_

Responding/Taking Actions:

**Nursing interventions for the top priority:**

1. Assess respiratory system q4h - rationale: to promote effective oxygenation and monitor adventitious lung sounds
2. Assess anxiety q4h - rationale: to monitor anxiety level
3. Assess vital signs q4h - rationale: to monitor generalized change in health status
4. Administer Albuterol 3mL inhalation QID - rationale: for chronic COPD (Nurse's Pocket Guide, 2022)
5. Administer Budesonide nebulizer 2mL inhalation BID - rationale: for chronic COPD
6. Administer Methylprednisolone 40mg IV push BID - rationale: to promote effective oxygenation
7. Administer Theophylline PO BID - rationale: for chronic COPD
8. Review any daily labs once daily and PRN - rationale: to monitor changes in lab values
9. Educate on coughing and deep breathing QID - rationale: to promote effective oxygenation
10. Educate on smoking cessation upon admission and PRN- rationale: to improve overall health
11. Educate on use of incentive spirometry daily - rationale: to promote effective oxygenation
12. Educate on huff cough technique upon admission and PRN - rationale: to promote effective oxygenation

Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2022). Nurse's pocket guide: Diagnoses, prioritized interventions, and rationales (16th ed.). F.A. Davis Company.

Reflecting/Evaluate Outcomes:

**Evaluation of the top priority:**

- Anxious- Pt continues to be anxious
- Intermittent non-productive Cough- Pt continues to have an intermittent non-productive cough AEB visualization
- SOB- Pt continues to become SOB on exertion
- 100% on 2L- Pt now 100% on RA
- H and H- no new labs have been drawn

Continue Plan of Care