

Firelands Regional Medical Center School of Nursing  
Nursing Care Map

Student Name : Megan Barber

Date \_\_\_\_\_

Noticing/Recognizing Cues:

**\*Highlight all related/relevant data from the Noticing boxes that support the top priority problem\***

Assessment findings\*:

- Breast and nipple soreness
- Uterine fundus firm, midline, and below umbilicus
- Bladder WNL
- Bowel movement absent
- Lochia rubra, small amount
- Legs warm, small amount of edema

Lab findings/diagnostic tests\*:

- Hgb 10.2
- Hct 31.7
- RDW 16.6
- Metamyelocytes 4
- Myelocytes 5
- Urine:
  - o Trace protein
  - o Leukocyte esterase 3+
  - o WBC 20-49
  - o Squamous epithelial cells 10-19
  - o Bacteria 3+
  - o Yeast 1+

Risk factors\*:

- Lack of knowledge related to postpartum
- Hx of hemorrhage
- Multiple miscarriages

Interpreting/Analyzing Cues/  
Prioritizing Hypotheses/  
Generating Solutions:

Nursing priorities\* : **\*Highlight the top nursing priority problem\***

- Knowledge deficit related to postpartum
- Risk for postpartum hemorrhage
- Risk for infection

Potential complications for the top priority:

- Hypovolemia
  - o Dehydration
  - o Nausea/vomiting
  - o Pallor
- Shock
  - o Cold moist skin
  - o Hyperventilation
  - o Altered mental state
- Death
  - o Mottled skin
  - o Absence of pulse
  - o Absence of respirations

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Responding/Taking Actions:

Nursing interventions for the top priority:

1. Assess firmness and location of fundus q4h to identify potential hemorrhage
2. Assess amount and color of perineal blood loss (lochia) q4h to identify potential hemorrhage
3. Assess for pain q4h to ensure patient comfort
4. Assess skin color and temp q4h
5. Educate patient on the signs and symptoms of hemorrhage as needed to prevent

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

- Recent bowel movement
- Scant lochia rubra
- No bilateral leg edema
- Hgb, Hct, and RDW WNL