

Firelands Regional Medical Center School of Nursing
Psychiatric Nursing
Unit 5 Part 2
ON-LINE CONTENT

Please Review the Military Families PowerPoint and Chapter 28 in your textbook and answer the questions below. Place your completed assignment in the Unit 5 Part 2 drop box by 0800 on July 17, 2023.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. Name some positive and negative aspects associated with the military lifestyle.

Some positive aspects associated with the military lifestyle include a sense of worth and security. Some negative aspects associated with the military lifestyle include frequent separations and relocations, living in a pattern of rigidity and regimentation, feeling of detachment from nonmilitary community, lack of control over pay, escalated misbehavior of children, spouse loneliness, and increased financial obligations. The military lifestyle makes children's lives very complicated, as they fear to not be accepted or fit in when they relocate, they often live in fear of something happening to their parent and it can bring a lot of emotional distress to them.

2. Describe some behaviors exhibited by school-age children in response to the deployment of a parent.

Some behaviors exhibited by school-aged children in response to the deployment of a parent are: irritability, aggression, whininess, and expressing fears about parent's safety.

3. How do the feelings about leaving their children during a deployment differ between men and women service members?

Women often experience feeling guilty for leaving their children during deployment while men usually have a strong emotional tie to their sense of duty for their country and mostly rely on the mother to care and support the children while their away on deployment.

4. Name some symptoms of post-traumatic stress disorder.

Some symptoms of post-traumatic stress disorder are re-experiencing the trauma through flashbacks, nightmares, and intrusive thoughts. They usually try to avoid activities, people, situations, or objects that bring up past trauma. They are in a chronic negative emotional state and have little interest in activities. They also can come off as aggressive, reckless, or self-destructive, and experience hypervigilance. Lastly they often experience issues concentrating and sleeping.