Unit 5 Part 1
ON-LINE CONTENT

Review the article on the 2023 updates to the Beers list. For purposes of this assignment, focus on the charts inside the article to answer the questions. Place your answers to the following questions in the Unit 5 Part 1 drop box by 0800 on July 10, 2023.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. After reviewing the medications on the Beers List, choose three medications that surprised you they were on the list and discuss why?
   Aspirin – surprised me it was on the list because it is so commonly used with elderly because they grew up taking it for pain
   Lorazepam – surprised me because it is very common for withdrawal from substances
   Benztropine – surprised me because it is common to treat EPS symptoms but not in the elderly

2. Are there any medications that are not on the list that you think should be added? If so which medications and why?
   I think Oxcarbazepine, which is an anticonvulsant should be added due to the CNS depressant side effects it has.

3. When reviewing the section listing the medications that have been removed from the list on page 24, do any of the medications surprise you? If so, which one(s) and why?
   One medication that surprised me was the Carbinoxamine which is for cold and allergy symptoms but I looked into it and it was because it causes thickened bronchial secretions and epigastric distress, when a patient has a cold we want to loosen those secretions and not thicken them.

4. Think back to the patients you cared for over the past year on clinical. What medications have you administered that are on the Beers list?
   I have administered Pantoprazole and Ibuprofen in the clinical setting that I can recall.

5. Have you noticed any of the patients experiencing side effects associated with the medications you administered that were on the Beers list? If so, what were they?
   I did not notice any symptoms on the Beers list when I gave Pantoprazole, but I also gave it to a 25-year-old. I have given Ibuprofen before and did not notice any of these symptoms, but I did have a patient who was taking Ibuprofen religiously for pain and came in with a perforated gastric ulcer and needed emergency surgery so I do understand why this is on the Beers list.