

Unit 5 Part 1
ON-LINE CONTENT

Review the article on the 2023 updates to the Beers list. For purposes of this assignment, focus on the charts inside the article to answer the questions. Place your answers to the following questions in the Unit 5 Part 1 drop box by 0800 on July 10, 2023.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. After reviewing the medications on the Beers List, choose three medications that surprised you they were on the list and discuss why?

Diphenhydramine surprised me because it is commonly used to treat allergy symptoms. Aspirin surprised me because after working in the ER, I see many older adults that come into the ER and take aspirin on a daily basis as it is commonly used as a blood thinner. Ibuprofen surprised me because it is an NDAID commonly prescribed for mild-moderate pain.

2. Are there any medications that are not on the list that you think should be added? If so which medications and why?

After reviewing the BEERS list, I think most medications that I would suspect are already on the list.

3. When reviewing the section listing the medications that have been removed from the list on page 24, do any of the medications surprise you? If so, which one(s) and why?

None of the medications that have been removed from the list surprised me because they are all mostly low use and/or not available in the US.

4. Think back to the patients you cared for over the past year on clinical. What medications have you administered that are on the Beers list?

Diphenhydramine, aspirin, clonidine, nifedipine, amitriptyline, risperidone, alprazolam, diazepam, insulin, glipizide, omeprazole, ibuprofen, naproxen

5. Have you noticed any of the patients experiencing side effects associated with the medications you administered that were on the Beers list? If so, what were they?

The only notable side effects I have noticed when administering Ibuprofen is GI symptoms as it was not taken with food.

I have not noticed any other side effects with other medications I have given.