

# Mental Health Case: Andrew Davis

## Documentation Assignments

- 1. Document your initial assessment of Andrew Davis including his response and comments made during the assessment.**

During my assessment with Andrew I noticed that he seemed a little anxious. He seemed guarded and started to get annoyed when I started to ask questions by saying "Why are you asking me so many questions?". When assessing his vital signs, I first asked for permission which he responded with, "Yeah, I guess. If you have too." I knew he was slightly annoyed by the number of times they take his vitals and ask him questions. While taking his vital signs I noticed how his blood pressure was elevated, 158/94, but there were no orders for his blood pressure elevation. I knew it was elevated due to the fact that he was going through withdrawal.

- 2. After completing the Clinical Institute Withdrawal Assessment of Alcohol Scale with Andrew Davis, document your findings and any interventions you provided based on your findings.**

After completing my CIWA assessment I had received a score of 21. Due to this score, I followed the orders and gave diazepam 10mg PO to the patient. Before administering this medication, I educated the patient about how there is a medication to help with his symptoms, I told him what the doctors orders were, and the patient was willing to take this medication to help with what he was going through. The major things I noticed while doing the CIWA assessment was that he had tremors when his arms were extended, he was very sensitive to light, very sensitive to noise and he had also mentioned that he had a headache, which he rate a 4. He was slightly anxious, no tactile sensitivity, he was slightly sweaty, he was oriented and was able to do serial addition.

- 3. Referring to your feedback log, document all nursing care you provided to Andrew Davis and his response to care.**

I took Andrews vital signs, respirations 20, pulse oximeter 99%, radial pulse 100 beats per minute and regular, blood pressure 158/94 and temperature was 99.1 degrees Fahrenheit. I did the CIWA assessment which ranged of many questions and got a score of 21. I provided the patient with diazepam due to the results of the CIWA assessment. I assessed the patients skin which was normal temperature, color and elasticity. I listened to the patients lungs which were clear bilaterally. He was cooperative with my care and allowed me to fully perform all of these assessments.

- 4. Document patient education opportunities you provided Andrew Davis including medications ordered and the rationale for conducting sequential CIWA assessments.**

I conducted the CIWA assessment due to the orders provided stating to reassess CIWA due to the symptoms that the patient was presenting with. I was able to educate the patient about his short term goals of treatment. I was able to educate him on the CIWA assessment and what the results showed due to the symptoms he was having. I also educated him on diazepam and how this medication can help with withdrawal and the symptoms involved with withdrawal. He was willing to take this medication after the education provided. I educated him on what alcohol withdrawal can do to someone. I also educated the patient about substance abuse and the importance of being able to and willing to quit and get help after discharge and during his stay.

- 5. Document your handoff report in the SBAR format to communicate Andrew Davis's future needs.**

The situation is that Andrew Davis is 56-year-old who was admitted to the detoxification unit. The background of this patient is that he is a member of the school board and the pastor of a large church. He was removed from a school board meeting yesterday after becoming angry and directing racial and ethnic slurs to people at the meeting. He reports that is intake of alcohol is 1 pint of vodka a day and that helps him relieve his stress. He does deny using recreational drugs and tested negative for opiates and marijuana. During assessment, he was

sweating, reported to having a headache and was sensitive to sound and light. He was oriented to place, person, and time. He reported feeling anxious and wanting to get out of this unit. Upon recommendation, I recommend to continue the CIWA assessment and vital signs every hour for the next 8 hours.