

**Firelands Regional Medical Center School of Nursing**  
**Psychiatric Nursing**  
Unit 5 Part 2  
ON-LINE CONTENT

Please Review the Military Families PowerPoint and Chapter 28 in your textbook and answer the questions below. Place your completed assignment in the Unit 5 Part 2 drop box by 0800 on July 17, 2023.

*In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.*

**1. Name some positive and negative aspects associated with the military lifestyle.**

Positives

- Early retirement compared to civilian counterparts
- A vast resource system to meet family needs
- Job security with a guaranteed paycheck
- Health care benefits
- Opportunities to see different areas of the world
- Educational opportunities

Negatives

- Frequent separation and reunions
- Regular household relocations
- Living life under the maxim of “the mission must always come first.”
- A pattern of rigidity, regimentation, and conformity in family life
- Feelings of detachment from the nonmilitary community
- The social effects of “rank”
- The lack of control over pay, promotion, and other benefits

**2. Describe some behaviors exhibited by school-age children in response to the deployment of a parent.**

- Irritability
- Aggression
- Whininess
- Express fears about parents’ safety
- More aware of potential dangers to parent
- Become more regressed and fearful about parents’ safety

**3. How do the feelings about leaving their children during a deployment differ between men and women service members?**

Men have stronger emotions tied to a sense of doing their duty. Men do experience regret at leaving their children but rely on the assurance that the children have their mothers to care for them.

Women struggle more with guilt feelings for “abandoning” their children.

**4. Name some symptoms of post-traumatic stress disorder.**

- Reexperiencing the trauma through flashbacks, nightmares, and intrusive thoughts.
- Intensive efforts to avoid activities, people, places, situations, or objects that arouse recollections of the trauma.
- Chronic negative emotional state
- Aggressive
- Reckless
- Self-destructive behavior
- Angry outbursts
- Sleep disturbances
- Problems with concentration