

Unit 5 Part 1
ON-LINE CONTENT

Review the article on the 2023 updates to the Beers list. For purposes of this assignment, focus on the charts inside the article to answer the questions. Place your answers to the following questions in the Unit 5 Part 1 drop box by 0800 on July 10, 2023.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. After reviewing the medications on the Beers List, choose three medications that surprised you they were on the list and discuss why?

1) I am very surprised insulin is on the BEERS list of PIM medications with a recommendation of avoid. This is a life saving drug that a lot of people have come to need with DM type1/ type2. Elderly should still have a short or rapid acting insulin on hand in case of a hyperglycemic event.

2) Growth hormones surprised me the most. I see this medication and I think body builders and people trying to become youthful again.

3) Megestrol made me question why it was on there. It's a drug used in treatment of breast cancer and endometrial cancer. That would sound useful not a PIM.

2. Are there any medications that are not on the list that you think should be added? If so which medications and why?

Viagra should be on this list because of the potential to impact their cardiovascular system. Could also impact other medications such as nitrates.

3. When reviewing the section listing the medications that have been removed from the list on page 24, do any of the medications surprise you? If so, which one(s) and why?

Butobarbital surprises me it was removed from the list. It is a CNS depressant that is a barbiturate which are highly addictive medications. It is used to relieve migraines but is also considered a muscle relaxant. Which could be abuse and a bad medication for the elderly.

4. Think back to the patients you cared for over the past year on clinical. What medications have you administered that are on the Beers list?

Omeprazole, Naproxen, insulin, lorazepam, warfarin,

5. Have you noticed any of the patients experiencing side effects associated with the medications you administered that were on the Beers list? If so, what were they?

I don't recall any side effects being seen when administering medications to any of my patients. There were times where we questioned a medication and then did not give it.