

Firelands Regional Medical Center School of Nursing
Psychiatric Nursing
Unit 5 Part 2
ON-LINE CONTENT

Please Review the Military Families PowerPoint and Chapter 28 in your textbook and answer the questions below. Place your completed assignment in the Unit 5 Part 2 drop box by 0800 on July 17, 2023.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. Name some positive and negative aspects associated with the military lifestyle.

Positives

- Travel and see the world
- Room for promotion, education, training
- Financial stability, education grants
- Job Security

Negatives

- Uncertainty, not knowing when you will be deployed, where you will go
- Dangerous
- Hard to maintain relationships.
- Stressful
- Increased risk of mental health disorders (anxiety, depression, substance abuse, PTSD)
- Lack of Control
- “Rank” rating and social class
- Women- increased risk of sexual assault

2. Describe some behaviors exhibited by school-age children in response to the deployment of a parent.

- Irritability
- Aggression
- Whininess
- Fears of parents safety

3. How do the feelings about leaving their children during a deployment differ between men and women service members?

- Men- strong emotions tied to their sense of duty to serve, rely on the mother to assure care.
- Women- guilty feelings of “abandoning” children

4. Name some symptoms of post-traumatic stress disorder.

- Flashbacks, nightmares, intrusive thoughts
- Avoiding people, places, situations
 - i. Large crowds, fireworks, bands/concerts etc
- Chronically low outlook
- Lack of interest in recently enjoyed activities.
- Aggressive, reckless, self-destructive behavior
 - i. Substance abuse
- Anger, lack of concentration, sleep disruptions