

Unit 3 Part 1: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/12/2023 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided with the most common examples and symptoms of substance-related disorders of which the nurse should be aware. Place your completed assignment in the “Unit 3 Part 1: Substance Abuse Worksheet” Dropbox by **0800 on 6/12/2023**.

In order to receive full credit (1-hour class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants	Relaxation, loss of inhibition, lack of concentration, drowsiness, slurred speech, sleep	Aggressiveness, impaired judgment, impaired attention, irritability, euphoria, depression, emotional lability, slurred speech, incoordination, unsteady gait, nystagmus, flushed face.	Tremors, nausea/ vomiting, malaise, weakness, tachycardia, sweating, elevated blood pressure, anxiety, depressed mood, irritability, hallucinations, headache, insomnia, seizures.
CNS Stimulants	<p>Amphetamines and related drugs: Hyperactivity, agitation, euphoria, insomnia, loss of appetite</p> <p>Cocaine: euphoria, hyperactivity, restlessness, talkativeness, increased pulse, dilated pupils, rhinitis</p> <p>Synthetic stimulants: agitation, insomnia, irritability, dizziness, decreased ability to think clearly, increased heart rate, chest pains.</p>	<p>Amphetamines and related drugs: Fighting, grandiosity, hypervigilance, psychomotor agitation, impaired judgement, tachycardia, pupillary dilation, elevated blood pressure, perspiration or chills, nausea and vomiting.</p> <p>Caffeine: restlessness, nervousness, excitement, insomnia, flushed face, diuresis, GI complaints, muscle twitching, rambling flow of thought and speech, cardiac arrhythmia, periods of inexhaustibility,</p>	Anxiety, depression, irritability, craving for the substance, fatigue, insomnia or hypersomnia, psychomotor agitation, paranoid or suicidal ideation, apathy, social withdrawl.

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		psychomotor agitation.	
Opioids	Euphoria, lethargy, drowsiness, lack of motivation, constricted pupils	Euphoria, lethargy, somnolence, apathy, dysphoria, impaired judgement, pupillary constriction, drowsiness, slurred speech, constipation, nausea, decreased respiratory rate and BP.	Craving for the drug, nausea/vomiting, muscle aches, lacrimation or rhinorrhea, pupillary dilation, piloerection or sweating, diarrhea, yawning, fever, insomnia.
Hallucinogens	Visual hallucinations, disorientation, confusion, paranoid delusions, euphoria, anxiety, panic, increased pulse.	Irritability, anxiety, depression.	delirium
Cannabinols	Relaxation, talkativeness, lowered inhibitions, euphoria, mood swings Synthetic cannabinoids: highly variable from elevated mood to relaxation to extreme anxiety, confusion, paranoia, hallucinations	Restlessness, irritability, insomnia, loss of appetite, depressed mood, tremors, fever, chills, headache, stomach pain	Restlessness, irritability, insomnia, loss of appetite, depressed mood, tremors, fever, chills, headache, stomach pain.
Inhalants	Rapid excitation followed by drowsiness, incoordination, disinhibition, coughing, wheezing, dyspnea.	Belligerence, assaultiveness, apathy, impaired judgement, dizziness, nystagmus, slurred speech, unsteady gait, lethargy, depressed reflexes, tremor, blurred vision, stupor or coma, euphoria, irritation around eyes, throat, and nose.	Restlessness, body aches, nausea, vomiting, runny nose, watery eyes, poor attention and concentration, mood changes, tremors, panic attacks, seizures