

Unit 2: Psychiatric Nursing

ONLINE CONTENT (2H)

Learning Objectives:

- Identify types of crises that occur in people's lives. (1,2)*
- Discuss goals of crisis intervention. (1,2,5,7)*
- Identify the role of the nurse in crisis intervention. (1,2,7)*
- Apply the nursing process to care of victims of disasters. (1,2,7)*

*Course Objectives

Read the attached article titled “The COVID-19 Pandemic and Mental Health Impacts” and watch the video [How to Deal with Crisis and Difficult Times](#). Copy and paste the following link into a URL.

<https://www.youtube.com/watch?app=desktop&v=437IaiEYM84>

Answer the following questions and place in the Unit 2: Crisis Intervention Online Activity drop box by June 5, 2023 at 0800.

In order to receive full credit (2H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

1. What type of crisis might an individual who has been affected by COVID-19 experience? Explain why.
2. What kinds of thoughts and feelings might an individual who is in crisis express to you? Explain your answer.
3. Individuals in crisis need to develop more adaptive coping strategies. How can the nurse provide assistance with this process?
4. How do you believe that the pandemic has affected nurses for the future?

Journal Reference:

Usher, K., Durkin, J., & Bhullar, N. (2020). The COVID-19 pandemic and mental health impacts. *International Journal of Mental Health Nursing*, 29(3), 315–318. Retrieved from <https://doi.org/10.1111/inm.12726>