

Hi everyone,

What if you could experience what patients with auditory hallucinations experience? What if you could hear certain sounds/voices that patients hear on a regular basis? Would you show more compassion?

Please complete the following activity below **prior to lecture on Monday, June 26th.**

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis.

To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine. **This activity is not mandatory** but, again, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see attachment). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; just come to lecture with reflective thoughts and comments about the experience.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

We will discuss your thoughts and feelings about the activity during the lecture on Schizophrenia Monday June 26, 2023.