

Implicit Bias Test

1. I chose to do the age IAT and before I complete it, I believe that I am biased towards older adults rather than younger adults. I know of a lot of younger adults that have no motivation to better themselves and it is frustrating so I believe that is why I am biased towards the older adults.

2. Based on my results, the tests say that I prefer young people over older people, because I was quicker to respond when young people and the word "good" shared a button (Teachman B. & Nock M. (2011)).

3. These results actually shocked me because I usually get quite frustrated with the younger generation because they seem to just want to party and not want to better themselves. I had to grow up fast at a young age so I feel like I'm 20 going on 30. I sometimes have to realize that not all people grew up like that and take a step back and reflect on what they possibly grew up like and how it was different.

4. I would respond by reminding them that we as nurses do not have to agree with everything a patient does, but we still have to provide care no matter the circumstances. I would also remind them that people don't choose what ethnicity they are and some ethnicities/religions do not put health first but all we can do is give them the facts and help them in the best of our ability. Some patients also might not be aware that they are doing anything wrong because they may have never gotten quality healthcare before. As a nurse we can not be quick to judge, we need to listen closely to the patient and help them in any way we can.

Teachman, B., & Nock, M. (2011). *Projectimplicit*. Take a Test. Retrieved April 7, 2023, from <https://implicit.harvard.edu/implicit/Study?tid=-1>