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## Ethical Dilemmas in nursing

Ethical dilemma unfortunately plagues our jobs as nurses. Almost every day us nurses must take care of patients that might not think or believe exactly as we do. For example, refusing to vaccinate themselves or their children. Vaccinations have proven to successfully decrease disease, prevent harmful side effect and in some cases irradiate a disease all together. But still some refuse to vaccinate all together. The best thing us as nurses can do is offer education to these patients and answer any questions or concerns that might be had. Sometimes it is as simple as that. But nowadays anti-vaccination activist disseminate information or beliefs that oppose the data (Benoit & Mauldin, 2021). A survey showed that 72% of adults have search the internet for information regarding vaccination but it is unsure if that information that was read was factual or personal beliefs of the writer. Factual evidence is the best and strongest influence for positive vaccine views. Vaccinations have been a big topic of discussion with the perceived fast development of the COVID-19 vaccine. But with simple research in the "right" places you can find that the science behind the vaccine has been around for a longer period than some information might lead you to believe. Some parents might think if it just my child not vaccinated what is the big deal. But as the numbers of unvaccinated increase so does the concern for public safety. There are people at risk who legitimately not receive certain vaccines due to health concerns/status, but these people can be protected by the ones that are vaccinated. Again, factual evidence/proof is what can help people decide to vaccinate and all patients/parents should be provided with true facts if they have concerns regarding certain vaccinations. This is our jobs as nurses to not judge people but provide them with the factual evidence so they can make an informed decision not a decision based on fear/rhetoric.

Benoit, S. L., & Mauldin, R. F. (2021, November 17). *The "anti-vax" Movement: A quantitative report on vaccine beliefs and knowledge across social media - BMC public health*. BioMed Central. Retrieved March 2, 2023, from <https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-021-12114-8>