

## The Health Care Organization and Patterns of Nursing Care Delivery: Z-CH #15

### Online Content 1H

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

Submit to Z-CH15 Dropbox by 0800, March 2<sup>nd</sup>.

***In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.***

1. Patients should be involved in decision making. We should recognize they are individuals. Treat patients with respect and dignity.
2. Patients are vulnerable and powerless to their illness. Proper care can help them with those feelings of powerless.
3. Patients feel they are not completely informed about their condition. Patients should be given information on clinical status, progress and prognosis.
4. Physical comfort impact on their experience. It is important to help with pain management, assistance with ADLs and hospital surrounding and environment
5. Fear and anxiety because of illness can be debilitating. Caregivers should be aware of anxiety.
6. Involving family and friends in the patient's experience. Provide accommodation for family and friends. Involve them in decision making, support family members as caregivers and recognizing the needs of family and friends.
7. Patients maybe concerned of their ability to care for themselves after discharge. Give understandable detailed information. Like medications and physical limitation and dietary needs. Coordinate and plan ongoing treatment and services after discharge.
8. Patients need to know when they should access care when its needed. Assess access to hospitals and clinical and physician offices. Their access to transportation and ability to schedule appointments and accessibility to specialist.

1. Patients should be involved in their own care is so important because they should be aware of what is happening and what could happen and should have an opinion if there are different options in their care.

5. Patients fear and anxiety can be debilitating and it is important to comfort them and make sure their anxiety and fear are under control and being treated. Anxiety can make the illness worse and harder to treat. So it's important to have their anxiety and fear under control

8. Patients should have access to transportation and healthcare. If patients do not have access to transportation or healthcare, they cannot get the help they need to get better. Patients should have access to get referrals and have access to specialist.

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care/>