

## Updated EBP: Phase 1

Kennedy Cantelli, Taylor Fox, and Dylan Wilson

1. Poster Title  
“Glucose Monitoring: 2 Bleed or Not 2 Bleed”
2. Reference (APA Format):

Martens, T., Beck, R.W., Bailey, R., Ruedy, K.J., Calhoun, P., Peters, A.L., Pop-Busui, R., Philis-Tsimikas, A., Bao, S., Umpierrez, G., Davis, G., Kruger, D., Bhargava, A., Young, L., McGill, J.B., Aleppo, G., Nguyen, Q.T., Orozco, I., Biggs, W., ...Bergental, R.M. (2021). Effect of continuous glucose monitoring on glycemic control in patients with type 2 diabetes treated with basal insulin: A randomized clinical trial. *The Journal of the American Medical Association*,(22), 2262-2272. doi: 10.1001/jama.2021.7444.

3. Question:

After how long did patients with poorly controlled type 2 diabetes treated with basal insulin and without prandial insulin see lower HbA1c levels?

- A) 2 weeks
- B) 6 months
- C) 8 months
- D) 2 years

Answer: **D. Patients with poorly controlled type 2 diabetes treated with basal insulin and without prandial insulin saw lower HbA1c levels at 8 months.**

4. Full Article: Turned in separately since we could not attach it on our Google Doc

