

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

Category 1: Symptom Management

Category 2: Activities of daily living

Category 3: Encouragement

Category 4: Emotional support

Category 5: Nurturing relationship

Category 6: Respect for religious beliefs

Category 7: Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Category 1: Symptom Management

Reduction or relief of the physical suffering such as pain, nausea, edema, or shortness of breath. Patients reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care.

Category 2: Activities of daily living

Patients affirmed that essential primary nursing care was accomplished along with the treatments from nurses. Nurses confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy.

Category 3: Encouragement

Nurses perceived that giving encouragement included inspiring patients to get well or administering self-care and enhancing their self confidence to assist in optimizing their health and managing their illness as an aspect of QNC. Patients expected nurses to exhibit sincerity and engage them in discussions.

Category 4: Emotional support

Participants confirmed that relieving a patient's negative mood could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving time to patients to express their emotions while providing nursing care.

Category 5: Nurturing relationship

Participants confirmed that the nurse helps the patients ability to connect with family, friends, and healthcare providers which is vital for delivering and receiving QNC.

### Category 6: Respect for religious beliefs

Participants perceived the nurses provide the patients and their families with opportunities to perform religious activities in the unit, and that respecting the patient's traditional and cultural beliefs is vital for providing QNC.

### Category 7: Concern for cultural differences

Participants believed that when nurses develop a nursing care plan, they should consider the patients' different health-related attributes, cultural needs, and the need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene or gender preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I can use this information to help me keep my focus in caring for the people around me. It is very important to be able to make your patient comfortable by recognizing changes in the patients baseline, providing patients with an outlet to talk, providing patients with an opportunity to ask questions about their healthcare, to provide patients with resources for their beliefs, values, and cultural differences. Nursing is not only taking care of people, it is understanding the differences of people and how to adapt to those differences.