Firelands Regional Medical Center School of Nursing

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Quality Patient Care-Z chapter 22

JILL GUSEMAN

1. What are the seven categories that emerged from the content analysis?

Seven categories that emerged from the essential components of quality nursing care were determined as: Symptom management, Activities of daily living, Encouragement, Emotional support, Nurturing relationship, Respect for religious beliefs and Concern for cultural differences.

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

1.Symptom management-patients reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care.
2. Activities of daily living- patients affirmed that essential primary nursing care was accomplished along with treatment from the nurses.
3. Encouragement-Patients were happy when the nurse says they look nice today.
4. Nurturing Relationship- participants confirmed that the nurse helps patients' ability to connect with family, friends and healthcare providers which is vital for delivering and receiving QNC.
5. Respect for religious beliefs-participants perceived that nurses provide the opportunity to perform religious activities in the unit.
6. Emotional Support- participants confirmed that relieving a patient's negative moods, could be assisted by the nurse showing empathy, and gently touching the patient.
7. Concern for cultural differences-participants believed that when the nurses develop a nursing care plan, they should consider the patients different health, Related attributes, cultural needs, and need to discuss any dietary restrictions.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I will use this information obtained from this article as I become a nurse because I will make sure that I remain empathetic and actively listen to my patients. I will always consider cultural needs and remain neutral when doing so. I will develop my plan of care tailored specifically to each patient. I will keep a constant kind, cheerful disposition no matter what kind of stress I am under. This will affect the quality of care I provide for it will be patient centered, empathetic, kind, and tailored to each patient specifically. This is what the patients want. They want to be treated individually with kindness and compassion and I will always be sure to provide that.