Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

- Category 1: symptom management
- Category 2: Activities of daily living
- Category 3: Encouragement
- Category 4: Emotional support
- Category 5: Nurturing relationship
- Category 6: Respect for religious beliefs
- Category 7: Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

- Category 1: symptom management
    - The patients reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care, for example: The nurse took care of me and asked if I had any pain or uneasiness
- Category 2: Activities of daily living
    - The nurses confirmed that QNC involves providing an opportunity for patient so complete their daily physical activities independently as if they were healthy for example: We do primary nursing care for the patients such as bathing, toileting, feeding, dressing, just the same as healthy people do every day without assistance.
    - Patients affirmed that essential primary nursing care was accomplished along with treatments from the nurses: when I got thirst, the nurses helped me to drink and eat and even moisturized my lips with a wet cloth.
- Category 3: Encouragement
    - Nurses perceived that fibbing encouragement included inspiring patients to get well or administering self-care and enhancing their self-confidence to assist in optimizing their health and managing their illness as an aspect in QNC: Patients get happy when I say you look nice today or you are getting better. So I say many inspiring words to my patients to support them psychologically.
    - The patient participants expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness: Sometimes nurses must talk sincerely and reassure patients in building more willpower to assist them in overcoming illnesses.
- Category 4: Emotional support

    - Participants confirmed that relieving a patients negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient and giving indulgent care such as gently touching the patient and giving particular time to patients to express their emotions while providing nursing care for example: I always remain patient, tolerant and actively listen when patients are upset, then patient will calm down and things can improve shortly.
- Category 5: Nurturing relationship
    - Participants confirmed that the nurse must help the patient's ability to connect with the family, friends and healthcare providers which is vital for delivering and receiving QNC: The contributing of the family is significant in contributing toward the patient's sense of well-being and is effective for enhancing care quality
- Category 6: Respect for religious beliefs
    - Participants perceived that nurses provide that patients and their families with opportunities to perform religious activities in the unit, and that respecting the patients traditional and cultural beliefs is vital for providing QNC, for example: In many cases patients and their family asked us to bring a monk to the hospital to call the patients spirit back, or use spring water from a monk, and we allow it.
- Category 7: Concern for cultural differences
    - Participants believed that when nurses develop a nursing care plan, they should consider the patients different health related attributes, cultural needs and the need to discuss any restrictions with hem related to their culture, religious and traditional beliefs, or dietary hygiene or gender preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I could use this information obtained from the article to influence my nursing care because now I have an insight on the nurses and patients' perspective of quality nursing care. Quality nursing care is important in the field because it impacts the patients in a variety of ways like their overall well-being. This will affect the quality of care I provide in a positive way because the article explained the different perspectives and how quality nursing care influences patients. The small things that are often over looked matter the most to the individuals seeking medical treatment and they seem to appreciate it.