

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

Category 1: Symptom management

Category 2: Activities of daily living

Category 3: Encouragement

Category 4: Emotional support

Category 5: Nurturing relationship

Category 6: Respect for religious beliefs

Category 7: Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Category 1: Symptom management:

This involved nurse assessment of the patient, and providing care to relieve their signs and symptoms. The patient reported gratitude because of their physical problems disappearing after receiving treatments and good nursing care. The patient cannot eat meals without throwing up.

Category 2: Activities of daily living:

In this category, the nurses confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy, bathing, dressing, feeding, toileting. Patients affirmed that essential primary nursing care was accomplished along with treatments from the nurses.

Category 3: Encouragement:

Nurses perceived that giving encouragement included inspiring patients to get well or administering self-care, and enhancing their self-confidence to assist in optimizing their health. The patient participants expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness.

Category 4: Emotional support:

Participants confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care. They said that nurses should listen to patients when they are upset and give them time for their emotional expressions.

Category 5: Nurturing relationship

Participants confirmed that the nurse helps the patient's ability to connect with family, friends, and healthcare providers. This contribution is important to families and helps contribute toward the patient's sense of well-being and quality care.

Category 6: Respect for religious beliefs

Participants perceived that nurses provide the patients and their families with opportunities to perform religious activities in the unit and to respect their traditions. The nurse would assist the patients and families if they wanted to perform a religious activity.

Category 7: Concern for cultural differences

Participants believed that when nurses develop a nursing care plan, they should consider the patients different attributes and cultural needs. They also should discuss traditional beliefs or dietary, hygiene, or gender preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I will use this information to make sure that I am giving my patients the best quality care possible. I will be taking tips from each category. I learned that nurses should be patient, tolerant, and actively listening to patients when they are upset. I also learned that it is important to ask patients of any cultural or religious beliefs before proceeding with care. This will affect the quality care that I provide by being more open minded to others around me and to practice new social skills and helping my patients in ways that benefit them the most.