

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

Category 1 – Symptom Management

Category 2 – Activities of Daily Living

Category 3 – Encouragement

Category 4 – Emotional Support

Category 5 – Nurturing Relationship

Category 6 – Respect for Religious Beliefs

Category 7 – Concern for Cultural Differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Category 1 – This involved nurse assessment of the patient and providing care to relieve or reduce physical signs and symptoms, and thus considered as critical nursing care quality. The patients reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care.

Category 2 – Nurses confirmed that quality nursing care (QNC) involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy. Patients affirmed that essential primary nursing care was accomplished along with treatments from the nurses.

Category 3 – Nurses perceived that giving encouragement included inspiring patients to get well or administering self-care and enhancing their self-confidence to assist in optimizing their health and managing their illness as an aspect of QNC. The patient participants expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness.

Category 4 – Participants confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care.

Category 5 – Participants confirmed that the nurse helps the patient's ability to connect with family, friends and healthcare providers which is vital for delivering and receiving QNC.

Category 6 – Participants perceived that nurses provide the patients and their families with opportunities to perform religious activities in the unit, and that respecting the patient's traditional and cultural beliefs is vital for providing QNC.

Category 7 – Participants believed that when nurses develop a nursing care plan, they should consider the patients' different health-related attributes, cultural needs and the

need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene or gender preferences.

3. **How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide?** (explain)

The information in this article outlined seven categories found to be definitive in patient's perceptions of quality nursing care. In seeing how these categories were identified as significant to providing quality nursing care, and in noticing how participants emphasized the importance of these areas on their physical, psychosocial, and spiritual needs, I feel the main takeaway is simply that these shows of attentiveness, concern, encouragement, respect, and support will be crucial in providing the level of care that I want to deliver throughout my nursing career.