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Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

A: The seven categories that emerged from the content analysis was concerning culture differences, respect for religious beliefs, nurturing relationship, emotional support, encouragement, activities of daily living, and symptom management.

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

A:

- Category 1 (symptom management): In this category the nurse was involved in assessment of the patient and providing care to relieve or reduce patients' physical symptoms. The patients reported gratitude because of the relief of their physical symptoms. The nurse accomplished this by assessing head to toe, check untoward physical changes, reduce or relief physical suffering, observed
- Category 2 (Activities of daily living): In this category the nurses confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently. Patients affirmed that essential primary nursing care was accomplished along with their treatment. This was accomplished by the nurse by maintaining physical distress, hygiene care, and providing comfort.
- Category 3 (Encouragement): In this category the nurse perceived that giving encouragement included inspiring patients to get well or administering self-care and enhancing their self-confidence to assist them in optimizing their health and managing their illness as an aspect of QNC. The patient participated expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to

- have willpower to overcome illness. The Nurses accomplished this by individual guidance, advice, and explanation/instructions.
- Category 4 (Emotional Support): In this category participant confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care.
 - Category 5 (Nursing relationship): In this category participants confirmed that the nurse helps the patient's ability to connect with family, friends, and healthcare providers which is vital for delivering and receiving QNC.
 - Category 6 (Respect for religious beliefs): In this category participants perceived that the nurses provide the patients and their families with opportunities to perform religious activities in the unit and that respecting the patients traditional and cultural beliefs is vital for providing QNC. Nurses accomplished this by volunteering to help when patients and their families desire to perform religious activities in the unit.
 - Category 7 (Concern for cultural differences): In this category participants believed that when nurses develop a nursing care plan, they should consider the patients different health-related attributes, cultural needs and the need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene, or gender preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

A: This information that I obtained from this article can help me as a registered nurse by giving me different ways to provide quality nursing care and different techniques to accomplish these goals. This will affect the quality care I provide by improving the quality of care via holistic, patient centered care techniques that I learned from this article.