

Firelands Regional Medical Center School of Nursing
AMSN 2023
Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?
Symptom management, activities of daily living, encouragement, emotional support, nurturing relationship, respect for religious beliefs, and concern for cultural differences.
2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Symptom management this involved nurse assessment of the patient and providing care to relieve or reduce physical signs and symptoms, and thus considered as critical nursing care quality. The patients reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care

Activities of daily living the nurses confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy. Patients affirmed that essential primary nursing care was accomplished along with treatments from the nurse.

Encouragement nurses perceived that giving encouragement included inspiring patients to get well or administering self-care, and enhancing their selfconfidence to assist in optimizing their health and managing their illness as an aspect of QNC. The patient participants expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness:

Emotional support, participants confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care.

Nurturing relationship participants confirmed that the nurse helps the patient's ability to connect with family, friends and healthcare providers which is vital for delivering and receiving.

Respect for religious beliefs, participants perceived that nurses provide the patients and their families with opportunities to perform religious activities in the unit, and that respecting the patient's traditional and cultural beliefs is vital for providing QNC.

Concern for cultural differences participants believed that when nurses develop a nursing care plan, they should consider the patients' different health-related attributes, cultural needs and the need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene or gender preferences

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I think it so important to have a relationship with your patients and gain that trust. This article shows patients point of views on nurses and how it is nice when nurses help them and show respect. I think it's important to use this article in the future and do the 7 steps for my patients. It is important to focus on quality nursing care. I think it is always important to treat the person as well as the illness, not just the illness.