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Unit 4 Chapter 22 Online Assignment

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Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

Category 1: Symptom Management

Category 2: Activities of Daily Living

Category 3: Encouragement

Category 4: Emotional Support

Category 5: Nurturing Relationship

Category 6: Respect for Religious Beliefs

Category 7: Concern for Cultural Differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Category 1: Symptom Management: this involved nurses' assessment of each patient and providing care to relieve any physical signs/symptoms, and this was considered critical nursing care quality. The patients reported feeling gratitude because many of those with physical problems had their problems relieved by the treatment from the nurses and the care they were being given. This would help nurses with recognition and making sure their patients were being given adequate care. They made sure of this by performing head to toe assessment and relieved body aches and pains and reduce any physical suffering.

Category 2: Activities of Daily Living: This was done and was considered basic nursing care for example they would help patients with feeding, bathing, toileting, transferring and dressing. Patients responded well do this and appreciated not only the physical support but also the verbal support from the nurses.

Category 3: Encouragement: nurses perceived that giving encouragement included inspiring patients to get well or administering care as independently as possible. This would help with self-confidence and assist in optimizing the patients' health and managing their illness. The patients expected the nurses to exhibit sincerity and engage in discussions with goals to inspire them to have the willpower to over their illness.

Category 4: Emotional Support: the participants in this confirmed that relieving the patient's negative mood could be assisted by a nurse showing them empathy, giving meaningful care and giving indulgent care such as giving the patient time to express their emotions. Being available, present, and actively listening to your patient can help gain the patients attention and will the help their nurse understands them better.

Category 5: Nurturing Relationship: this helps the patient's ability to connect with others and helps the nurse become more involved in the patient care daily. Participants confirmed that the nurse helps the patient's ability to connect with their families, friends, and other healthcare providers which is vital when delivering and receiving care. The nurses are more concerned with

patient's opinions, ideas, and choices. This also helps get the family to contribute more and feel more respect from the healthcare workers.

Category 6: Respect for Religious Beliefs: This provides opportunities for people to perform religious activities in the unit. Volunteers were able to help when patients and their families desire to perform any religious activities in the unit. This also helps others to learn to be respectful of patients and families' expressions when it comes to their beliefs and traditions that they may follow. Participants perceived that nurses provide the patients and their families with opportunities to perform religious activities in the unit and by respecting a patient's traditions and cultural beliefs in a vital necessity in the hospital.

Category 7: Concern for Cultural Differences: This helps nurses know of any dietary restrictions, any gender preferences in case the situation arises in where a nurse may need to insert a catheter or provide an enema. Participants believed that when all nurses develop a plan, they should make sure to consider all different patients, and where they may come from and beliefs and traditions they may have. It's important to remember cultural needs and the need to discuss any restrictions with the patient related to their cultural to provide the best care and most inclusive care to our patients.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

This information is important to help us as nurses to provide the most effective patient centered care. This will affect the quality of care I provide by making sure that my patient is in a safe environment, that is supportive both emotionally and physically, and clinically competent. Therefore, helping me provide higher quality care to exceed patient and hospital standards.