

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?
 - a. Symptom Management
 - b. Activities of daily living
 - c. Encouragement
 - d. Emotional Support
 - e. Nurturing Relationship
 - f. Respect for religious beliefs
 - g. Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.
 - a. Symptom Management
 - i. Involved assessment and providing care to relieve or reduce physical signs and symptoms, considered critical nursing care
 - ii. Recognition and adequate care of clinical symptoms are a priority in nursing care quality. Signs and symptoms are essential aspects and individualized to every patient which can disrupt normal living making it a priority goal to eliminate and or minimize symptoms
 - b. Activities of daily living
 - i. Providing the opportunity for patients to complete ADLs independently as is they were healthy
 - ii. This included bathing, feeding, toileting, transferring and dressing
 - iii. These are basic physical needs and nurses need to enhance independence as part of self-care
 - c. Encouragement
 - i. Verbal affirmation which increases patient growth in self-confidence and assists them in maintain their health and management of illness
 - ii. Displays of sincere inspiration in establishing more willpower to assist in overcoming illnesses
 - iii. Being supportive, caring, and patient teaching empower patients with adequate care.
 - iv. Keeping patients and families fully informed about their condition to help reduce anxiety
 - d. Emotional Support
 - i. Nurses need to be present and listen to their patients, be available and help relieve them of any negative moods by gentle contact with the body. This

- may include a hug, soft touch, and offering indulgence care such as time to a quiet place and making efforts to calm them down
 - ii. Patient satisfaction was greatly influenced by empathetic behaviors like helpfulness and attentiveness
 - e. Nurturing Relationship
 - i. Helpful nurses are perceived as those who connect with family, friends, and others. Helping the patient arrange connections with other healthcare professionals.
 - ii. Nurses often find they are overburdened by work and cannot always help patients with this
 - f. Respect for religious beliefs
 - i. Significant Aspect of QNC
 - ii. Nurses who allow or volunteer to help patients and their families when they desire to perform religious or traditional activities in the hospital
 - iii. As a nurse we need to be aware and be respectful of the spiritual and religious needs
 - iv. Religious beliefs exert influence on people's health outcomes and well being
 - g. Concern for cultural differences
 - i. Unique health and cultural concerns should be attended to, this may include dietary needs, hygiene, or gender preferences.
 - ii. Nurses need to choose appropriate content and ways to preform patient teaching/education based on their cultural background.
- 3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)
 - a. These topics are all very important to consider when caring for patients in the hospital setting. It is important to be aware, respect and understand the wants and desires to meet patient needs. Never slack, be helpful, kind, listen to your patients and their caregivers, encourage your patients in a positive direction, promote independence and understand them. It was very interesting reading this article and if followed as care givers and nurses we can make a positive impact on patient outcomes and satisfaction.