

1. What are the seven categories that emerged from the content analysis?

- 1. Symptom Management**
- 2. Activities of daily living**
- 3. Encouragement**
- 4. Emotional Support**
- 5. Nurturing relationship**
- 6. Respect for religious beliefs**
- 7. Concerning culture differences**

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

- 1. Symptom Management: reported gratitude because many of their physical problems disappeared after receiving treatments and good nursing care**
- 2. Activities of daily living: confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy.**
- 3. Encouragement: expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness.**
- 4. Emotional Support: Confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care.**
- 5. Nurturing relationship: confirmed that the nurse helps the patient's ability to connect with family, friends, and healthcare providers which is vital for delivering and receiving QNC.**
- 6. Respect for religious beliefs: Perceive that nurses provide the patients and their families with opportunities to perform religious activities in the unit, and that respecting the patients traditional and cultural beliefs is vital for providing QNC.**
- 7. Concerning culture differences: Believed that when nurses develop a nursing care plan, they should consider the patients different health related attributes, cultural needs, and the need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene or gender preferences.**

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I can use the information that I obtained from this article by utilizing the positive categories in my daily care to my patients, and families. For example, it is important to build a rapport, and by creating a nurturing relationship it will help the patient and their family to trust, and confide in you and your practices. This will have a higher quality outcome rather than a situation with no rapport.