

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

The essential components of quality nursing care:

Symptom management

Activities of daily living

Encouragement

Emotional support

Nurturing relationship

Respect for religious beliefs

Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Symptom management: The nurses assessed the patients head to toe and provided relief of symptoms such as nausea, pain, SOB, and edema. The patients were grateful that the nurses took the time to ask them about their symptoms and promptly treated them.

Activities of daily living: The nurses reported they assist patients' with daily activities such as bathing, feeding, and dressing just as a healthy individual would do. This creates a sense of normalcy for the patient and allows them to have independence but with a little assistance. The patients pointed out that the small tasks of helping them to the toilet or moistening their lips with a wet cloth made a huge difference.

Encouragement: Inspiring words said by the nurses can greatly affect the outcome of their recovery. Nurses discovered that answering patient questions helped reduced their anxiety and fears related to their illness. Patients expected sincere and reassuring language from the nurses to show their support.

Emotional support: Nurses confirmed that the empathy shown to their patients could help lift moods and allow them the space to express their emotions. The nurses said they showed patience, engaged in active listening, and communicated to patients in a quiet, secluded place.

Nurturing relationship: The nurses recognized the importance of including family members in the care of the patient because they know the patient and their usual well-being the best. Further communication with the doctor or social worker may be needed for the patient which can be arranged by the nurse.

Respect for religious beliefs: Nurses support patients and family members to perform religious activities within the hospital, respect their beliefs and advocate for any further needs.

Concern for cultural differences: The participating nurses believed that when developing a care plan, cultural needs should be discussed with the patient to ensure their care is specific to them. These could include dietary, hygiene or gender specific preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

This article outlines many important roles that nurses have in patient care. Being a nurse is not just administering medications, assessing patients and charting. It is caring for the patient holistically by meeting their needs physically and emotionally. I hope to carry these ideas stated in the article into my nursing career to increase the quality of care given to my patients. I want to be a nurse that patients feel comfortable with and confident in my ability to care for them. I want them to feel heard by the healthcare team and encouraged to get back to who they were before they got sick.