

1. What are the seven categories that emerged from the content analysis?

- 1.) **Symptom Management**
- 2.) **Activities of Daily Living**
- 3.) **Encouragement**
- 4.) **Emotional Support**
- 5.) **Nurturing Relationship**
- 6.) **Respect for religious beliefs**
- 7.) **Concern for cultural differences**

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

- 1.) **Nurses confirmed that symptom management recognition and adequate care of clinical symptoms were a priority in the nursing care quality administered by nurses and experienced by patients in Mongolia.**
- 2.) **Nurses concluded that activities of daily living perceived basic nursing care such as feeding, toileting, bathing, transferring, and dressing as important for receiving and providing good nursing care.**
- 3.) **Nurses perceived that giving encouragement included inspiring patients to get well or administering self-care.**
- 4.) **Nurses confirmed that relieving a patient's negative mood could be done by providing emotional support. This was achieved through giving indulgent care, gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care.**
- 5.) **In a nursing relationship, nurses are perceived as helpful when they enable the patient to connect with their family, friends, and others.**
- 6.) **Nurses perceived that providing patients and their families with opportunities to perform religious activities in the unit and that respecting the patient's traditional and cultural beliefs are vital for providing quality nursing care.**
- 7.) **Patient participants believed nurses need to consider cultural needs and the need to discuss any restrictions that are related to their culture in order to provide quality patient care.**

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I can use the information from this article to help guide me in providing the best quality patient care for my patients. This will affect the quality of care I provide by giving me a variety of categories to think about when providing care to my patients. I will need to take each of these categories in consideration with determining my patient care plans and the ways I should provide care to my individual patients.