

Firelands Regional Medical Center School of Nursing

AMSN 2023: Cassidy Hall

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

1. Symptom Management
2. Activities of Daily Living
3. Encouragement
4. Emotional Support
5. Nurturing Relationship
6. Respect for religious beliefs
7. Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

1. Symptom Management: After the nurse assessed the patient from head to toe, they were able to perform interventions to aid in relief. The patients reported a great reduction in physical symptoms.
2. ADL's: The nurses allowed the patient to perform ADL's first independently first. After a certain amount of time, they helped the patient with whatever needs they needed. The patients confirmed that the nurses were there to help them in every way possible with ADL's.
3. Encouragement: The nurses perceived that giving compliments and encouragement to patients would create a safe and self-boosting environment for everyone involved. It would help in the patients getting better and manage their illness.
4. Emotional Support: Participants confirmed that patient's moods could be boosted by the nursing staff when they showed compassion and empathy for their illness. Nurses could show this in many ways including touch or simply giving the patient an open floor to speak about their emotions.
5. Nurturing Relationship: Participants confirmed that nurses assist patients in communicating and connecting with friends and family during their illness. Sometimes nurses also help by contacting the right people to talk to such as a physician, councilor, or case management for the patient.
6. Respect for Religious Beliefs: Participants perceived that nurses found opportunities for the patient and families to practice their religious acts and respected their time.
7. Concern for Cultural Differences: Participants believed that when nurses create a care plan for a patient it should be personalized to the patient and their beliefs or views about treatment and hygiene. Everyone is different and their beliefs should be attributed to what they want to do with their care.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

I can use this information obtained from this article when I become a nurse by having patience with the patient and allow them to perform ADL's first. It allows them to feel a sense of independence which is huge when you're dealing with an illness. It promotes quality of life for the patient, and they typically will want to try again and again until they regain their full independence. I will also provide resources, opportunities, and time for patients to have time to practice their culture and perform religious acts. This will raise the level of quality care I provide as the patient will feel a sense of relief upon doing what they typically do and talking to who they need to. I will also show empathy and encouragement to patients. Being in the ER is typically a patient's worse day, it is important to show them you care and tell them they are doing a great job. This will affect my quality of care that I provide by showing patients that I care and I am here to help, they can sense they are receiving a high level of care.