Katelyn Howard
Unit 4: Quality Patient Care Z- Chp 22
Online Assignment

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. **What are the seven categories that emerged from the content analysis?**

   The seven categories that emerged from the content analysis were symptom management, activities of daily living, encouragement, emotional support, nurturing relationship, respect for religious beliefs, and concern for cultural differences.

2. **For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.**

   Category 1: Symptom management, involved nurse assessment of the patient and providing care to relieve or reduce physical signs and symptoms. Ex: the nurse assesses patients comprehensively from head to toe after admission to the unit. The patients reported gratitude because many of their physical problems disappeared after receiving treatments and receiving good nursing care. An example: "The nurse took care of me and asked if I had any pain or uneasiness."
   Category 2: activities of daily living, the nurses confirmed that QNC involves providing an opportunity for patients to complete their daily physical activities independently as if they were healthy. An example: "we do primary nursing care for patients such as bathing, toileting, feeding, dressing, just the same like healthy people do every day without assistance." Patients affirmed that essential primary nursing care was accomplished along with treatments from the nurses. Ex: "When I got thirsty, the nurses helped me to drink and eat and even moisturized my lips with a wet cloth."
   Category 3: encouragement, nurses perceived that giving encouragement included inspiring patients to get well or administering self care and enhancing their self confidence to assist in optimizing their health and managing their illness as an aspect of QNC. Ex: "Patients get happy when I say you look nice today or you are getting better. So, I say many inspiring words to my patients to support them psychologically." The patient participants expected nurses to exhibit sincerity and engage them in discussions with a view to inspiring them to have willpower to overcome illness. Ex: "Sometimes, nurses have to talk sincerely and reassure patients in building more willpower to assist them in overcoming illnesses."
   Category 4: emotional support, participants confirmed that relieving a patient's negative moods could be assisted by a nurse showing empathy, giving indulgent care such as gently touching the patient, and giving particular time to patients to express their emotions while providing nursing care. Ex: "I always remain patient, tolerant, and

actively listen when patients are upset, then patients will calm down and things can improve shortly."

Category 5: nurturing relationship, participants confirmed that the nurse helps the patient's ability to connect with family, friends and healthcare providers which is vital for delivering and receiving QNC. Ex: "The contribution of the family is significant in contributing toward the patient's sense of well being and is effective for enhancing care quality."

Category 6: respect for religious beliefs, participants perceived that nurses provide the patients and their families with opportunities to perform religious activities in the unit, and that respecting the patient's traditional and cultural beliefs is vital for providing QNC. Ex: "Nurses assist if patients and their family desire to perform religious activities in the ward; they even provide a suitable room."

Category 7: Concern for cultural differences, participants believed that when nurses develop a nursing care plan, they should consider the patients' different healthy related attributes, cultural needs, and the need to discuss any restrictions with them related to their culture, religious and traditional beliefs, or dietary, hygiene or gender preferences. Ex: "I'm neutral in regard to patients' practicing traditional beliefs such as the use of a wolf tongue or of wolf ankles, etc. (dried wolf tongues or wolf ankle bones are used as part of shamanic practice in Mongolia to aid in healing)

3. **How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)**

I can use this information I obtained from this article as I become a registered nurse by noticing signs and symptoms that are essential aspects of illness that can disrupt normal living so it is crucial to eliminate and minimize symptoms. I can help perform activities of daily living such as feeding, toileting, bathing, transferring and dressings to provide good nursing care. I can encourage my patients with verbal affirmation to increase patient growth in self confidence and help them manage their illness so they know how to do so when they are discharged. It is important to talk with your patients, be supportive, answer all questions they have, and informing them about their care. I can also keep the family informed as well which can reduce anxiety. I will also be present and listen to my patients because it can help relieve a negative mood or calm them down. "treat me pleasantly, demeanor and empathy." My patients will be significantly satisfied if I use empathy. I can enable patients to connect with their families, friends and others. A caring relationship with rapport is considered a significant aspect of QNC. Sometimes, work can be overburdened and can't always help patients with this, but I will try to my best ability. Respecting patient's religious beliefs is always very important. I can provide a suitable room for patients if needed. I will always ask if there are any religious beliefs I need to be aware of. A lack of respect will definitely diminish QNC in hospitals. I will always need to choose appropriate content and ways to perform health education for patients based on their cultural background and needs.