Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?
   Symptom management, Activities of daily living, Encouragement, Emotional support, Nurturing relationship, Respect for religious beliefs, and Concerning culture differences.

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants. **Symptom management-assess from head to toe, check untoward physical changes, reduce or relieve physical suffering, observed my uneasiness, relieved my body pain.**
   Activities of daily living- Pillows are adjusted to provide a comfortable position, change position, Bathing, oral hygiene, change the clothes, letting them lie comfortably, put padding under the elbows, bandage it, change position, feeding me, moistening my lips with a wet cloth, toileted me.
   Encouragement- Sincerely talk, inspire patients, foster willpower, enhance self-confidence.
   Emotional support- distinct and specific individual guidance, advice, scientific knowledge, explanation and instructions, give particular time, direct them to a quite place or an individual room, make efforts to allow patients to do things that get them to calm down, hug patients, embrace them, hold hand or shoulders, be available, present, active and listen carefully, be patient, empathy and tolerant, gain patient attention and understand them.
   Nurturing relationship- Contributions of the family members and friends, feel respect from healthcare workers, concerned with patients' opinions, ideas, choices.
   Respect for religious beliefs- Volunteer to help when patients and their families desire to perform religious activities in the unit, being respectful of a patient' expression of traditional beliefs such as animal origin or herb, natural spring water, allow the patient and their families to see monk when desired.
   Concerning cultural differences- Awareness of dietary restrictions, gender preferences in particular situations such as inserting a catheter or enema, personal preferences in terms of personal hygiene habits and routines.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain) **I can use this information to better prepare myself on how to handle situations I may endure in my time as an RN. Such as if a patient is religious I can utilize the category 6 and learn more about respect for religious beliefs. Such as when it talks about in many cases patients and their families asked for a monk to be brought in or to use spring water from a monk and the hospital allowed it. These are things I wouldn't know about without utilizing this article. It is able to give me information that I would have to look into deeper however this article gives a starting basis for the information I would be seeking as a nurse handling all kinds of different patients. I think this would affect the quality of care in a positive light as it can help many nurses even if they have been in their position for a while. I feel as though it is an interesting article for nurses to read if they are unsure of handling different patients.**