Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. ***<u>What are the seven categories that emerged from the content analysis?</u>***
   The seven categories that emerged from the content analysis are symptom management, activities of daily living, encouragement, emotional support, nurturing relationship, respect for religious beliefs, and concern for cultural differences.

2. ***<u>For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.</u>***
   After reading the article, "Nurse and Patient Perceptions of Quality Nursing Care in Mongolian Public Hospitals," I have read about essential components from nurses and patients' perceptions within Mongolian Public Hospitals. When discussing symptom management, participants confirmed that individualized care and providing care per patient needs was a priority as many of these patients suffer from symptoms involving respiratory, cardiovascular, and their digestive tract in which takes a toll on normal living. Activities of daily living needs such as feeling, toileting, bathing, transferring, and dressing were perceived as important when providing and receiving satisfactory patient care as this enhances independence in self-care activities. Encouragement is important when assisting the patient in health management and self-confidence. At this specific hospital, patients perceived the nurses as supporting, caring, and educational during patient teaching while also expecting encouragement to help with their anxiety regarding their health condition. Emotional support can be achieved from the nurse through active listening, paying attention to needs, gentle contact, offering their time, and calming patients down using therapeutic measures. Patient satisfaction was met at Mongolian hospital through nurses showing attentiveness and being helpful. Nurturing relationships can be perceived when assisting the patient in connections with others as patients expect nurses to assist with their connections with other healthcare professionals. At Mongolia, nurses find that they aren't able to satisfy this patient need as they are often too busy with their workload. When a patient has religious desires, it is expected that the nurse respects the patient's religious beliefs. The nurse needs to be aware of the patient's religious beliefs and spiritual needs and at Mongolian hospital religious beliefs largely benefit the patient's overall health outcomes as this population has a strong religious influence. Lastly, there are 20 different ethnic groups within Mongolia so concerns for cultural differences is important. Nurses have an impact on this as nurses need to alter their plan of care based on the patient's cultural needs.

3. ***<u>How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)</u>***

As a soon to be nursing school graduate entering the field, I found this article very beneficial. This article has informed how I can benefit my patient's hospital stay and health outcomes through encouragement, managing symptoms, assisting with their activities of daily living, being supportive of their emotional needs, creating a nurse-patient relationship through assisting in other relationships via patient and other health care professionals, and showing respect for patient's cultural differences, spiritual needs, and religious beliefs. I have the ability to do this by giving my patient my time, attentiveness, prioritizing their current symptoms, aiding in activities of daily living to enhance independence, being encouraging regarding healing, their disease process, and healthcare, and altering my plans of care to better fit ones cultural/ religious needs. I can use this information obtained from the article to overall enhance my nursing skills, to better connect with my patients through patient satisfaction, and to benefit patients' health outcomes.