

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name: Veronica Cromwell

Date 2/4/23

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings*:

- Pain in left leg 7/10
- +1 pitting edema L leg
- Muscle weakness when ambulating
- Jaundice sclera
- Weak palpation-dorsalis pedis
- Jaundice skin
- Broken skin on L leg

Lab findings/diagnostic tests*:

- WBC 4.0
- RBC 2.84
- Glucose 120
- Potassium 3.3
- Sodium 134
- Calcium 7.8
- Bilirubin 6.6

Risk factors*:

- History of cirrhosis
- History of depression
- History of alcohol abuse
- History of hypertension
- Age: 54

Interpreting/Analyzing Cues/
Prioritizing Hypotheses/
Generating Solutions:

Nursing priorities*:
Highlight the top nursing priority problem

- Acute Pain
- Decreased activity tolerance
- Impaired skin integrity
- Risk for electrolyte imbalance

Potential complications for the top priority:

- Coma
- Depressed brain stem reflexes
- No responses of limbs
- Irregular breathing
- No response to painful stimuli
- Sudden cardiac arrest
- Sudden collapse
- No pulse
- No breathing

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name: Veronica Cromwell

Date 2/4/23

Responding/Taking Actions:

Nursing interventions for the top priority:

1. Assess vitals, motor strength, function, and steadiness of gait Q4H
 - a. To assess for early signs and symptoms of electrolyte imbalance
2. Assess laboratory results for abnormal findings Q12H
 - a. To track electrolyte progress
3. Administer therafran and thiamine to replace vitamins and potassium chloride (if potassium results are below 3.5) Q12H
 - a. For vitamin and electrolyte replacement
4. Encourage foods that increase electrolyte intake
 - a. To promote self care and prevent future imbalances
5. Educate on symptoms of electrolyte imbalance
 - a. To treat imbalances sooner and prevent hospitalizations

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

- Muscle weakness during ambulation
- Potassium is 3.4
- Sodium is 134
- Calcium is 7.9

Continue monitoring electrolytes and continue plan of care

