

1. What are the seven categories that emerged from the content analysis?

The 7 categories that emerged from the content analysis are...

- 1.) **Symptom management**
- 2.) **Activities of daily living**
- 3.) **Encouragement**
- 4.) **Emotional support**
- 5.) **Nurturing relationships**
- 6.) **Respect for religious beliefs**
- 7.) **Concern for cultural differences**

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

- 1.) **Symptom management- The patients confirmed that the nurses were thoroughly assessing their symptoms and made this a priority of their care. The care was felt to be more individualized to each patient.**
- 2.) **Activities of daily living- Basic nursing care was perceived (bathing, toileting, etc). The participants stated that the nurses definitely did a great job at carrying out these tasks. It was said that this task was to be compared with the Quality Nursing care component of caring.**
- 3.) **Encouragement- Nurses confirmed they know that being encouraging to patients helped boost their morale by increasing self-confidence. Patients perceived the nurses that were supportive and cared about them to be better than their slower to respond counterparts. It was discovered that although patients liked being informed about their care, sometimes nurses were to busy providing physical care.**
- 4.) **Emotional support- It was found that when patients felt that nurses had a lack of concern for their needs, there were more negative outcomes related to patient satisfaction.**
- 5.) **Nurturing relationship- It was said that nurses were perceived to be more helpful when they allowed and assisted patients to connect with others. The nurses stated that sometimes it is difficult to help them with all the things they need when their job is demanding their time in other places.**

- 6.) **Respect for religious beliefs-** Patients feel more respected when nurses take the time to understand and help them carry out traditional religious beliefs or practices. Lack of respect leads to a lack of quality nursing care.
- 7.) **Concern for cultural differences-** It was expected that nurses took the time to learn which culture their patients identify with and from there they can accommodate these preferences.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

The information above can be used for people in all professions, especially healthcare. It shows that people are not only concerned with feeling better physically, but that they also still have emotional feelings. When we take into consideration things like patient education, emotional support and respect for religious beliefs, we show our patients that we are not only there to help them recover, but we are there to support them and to help them as if we are a close friend. Giving people that support is important to promote a healing environment and to boost patient satisfaction. This will affect the quality of the care I provide because now that I have read this article, I will put more empathy at the forefront of my care. I will do this because it does not matter that I am physically caring for the patient if they are feeling unwell mentally. I think providing holistic quality nursing care is the most beneficial things we as nurses can do for patients in every setting.