

Surgical Case 4: Vernon Watkins

Documentation Assignments

1. Document Vernon Watkins' respiratory assessment that occurred in the case. Vernon Watkins was complaining of shortness of breath when I walked into his room. He complained of it hurting to breathe and that he was having a hard time breathing. His respirations were 24 and his SpO₂ was 93%. He was breathing fast upon observation. His lungs were clear, and his chest was moving normally on both sides. He just kept complaining that it was hard to breathe.

2. Document the actions during the acute respiratory distress episode. When the patient was having trouble breathing and was going into an acute respiratory distress episode, then I called the provider. He ordered that we perform a chest Xray, spiral CT, and blood samples. We drew venous blood samples and well as ABG's. We also took a 12 lead ECG and administered Heparin.

3. Document the changes in Vernon Watkins' vital signs throughout the scenario.

0:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 101. Pulse: Present. Blood pressure: 145/87 mm Hg. Respiration: 25. Conscious state: Appropriate. SpO₂: 96%. Temp: 99 F (37 C)*

1:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 103. Pulse: Present. Blood pressure: 145/87 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO₂: 95%. Temp: 99 F (37 C)*

2:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 104. Pulse: Present. Blood pressure: 147/88 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO₂: 94%. Temp: 99 F (37 C)*

3:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 105. Pulse: Present. Blood pressure: 150/89 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO₂: 94%. Temp: 99 F (37 C)*

4:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 107. Pulse: Present. Blood pressure: 150/90 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO₂: 93%. Temp: 99 F (37 C)*

5:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 107. Pulse: Present. Blood pressure: 150/89 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO₂: 93%. Temp: 99 F (37 C)*

6:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 108. Pulse: Present. Blood pressure: 151/90 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO2: 92%. Temp: 99 F (37 C)*

7:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 108. Pulse: Present. Blood pressure: 150/90 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO2: 92%. Temp: 99 F (37 C)*

10:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 108. Pulse: Present. Blood pressure: 152/91 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO2: 92%. Temp: 99 F (37 C)*

20:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 108. Pulse: Present. Blood pressure: 152/91 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO2: 93%. Temp: 99 F (37 C)*

21:10 *Patient status - ECG: Sinus tachycardia with signs of pulmonary hypertension. Heart rate: 108. Pulse: Present. Blood pressure: 148/89 mm Hg. Respiration: 24. Conscious state: Appropriate. SpO2: 93%. Temp: 99 F (37 C)*

4. Identify and document key nursing diagnoses for Vernon Watkins.

Patient got a CVT from decreased mobility after his surgery. He experiences sudden dyspnea, tachypnea, and diaphoretic episodes. The doctor order blood draws, which were obtained, as well as a Spiral CT scan and Chest XRAY. We also used oxygen therapy and a Heparin drip.

5. Referring to your feedback log, document the nursing care you provided.

Vernon Watkin's was having difficulty breathing when I came into the room. He was lying flat, so I sat him up in his bed. I started doing an assessment of vital signs and breathing. I also noted that he was having pain in his leg and when he deep breathed. He had tachypnea, tachycardia, and leg pain. He also had a Chest Xray done as well as a spiral CT scan. Oxygen was used via nasal cannula on 6L of oxygen. He was also placed on a Heparin drip.