

Firelands Regional Medical Center School of Nursing

AMSN 2023

Quality Patient Care-Z chapter 22

1. What are the seven categories that emerged from the content analysis?

- 1- Symptom Management
- 2- Activities of daily living
- 3- Encouragement
- 4- Emotional support
- 5- Nurturing relationship
- 6- Respect for religious beliefs
- 7- Concern for cultural differences

2. For each category provide an explanation of what was confirmed, reported, perceived, expected, or believed by nurse's or patient participants.

Symptom Management- Nurse completed a head-to-toe assessment after admission to the unit. What is expected is reduction of patients physical suffering. While doing this the patients experienced gratitude for receiving good nursing care. And bringing to light of the illness at hand.

Activities of daily living- Provide opportunities for patients to complete their ADL's independently if deemed safe and help provide ADLs for patients unable to. When all ADLs were met patients stated that essential nursing care was completed in conjunction with providing ADL's.

Encouragement- Includes inspiring patients to get well and to enhance their self-confidence to assist in optimizing their health and managing their illness. Along with encouragement comes with providing answers to their fears, anxieties, and nerves are reduced. With providing encouragement and reducing patients fears the patients will increase their willpower to overcome their illness.

Emotional Support- Showing empathy when patients require it. Acts of thi can be gentle touching and giving time to express emotions. Also providing indulgent nursing care when appropriate. Keeping a kind and cheerful disposition helps patients feel at ease and helps them feel supported emotionally.

Nurturing relationship- Helping patients connect with friends, family, and other providers. These are all important for safe effective care and discharge for the patient. Encouraging inclusion of the patients family in the plan of care increases the outcomes of the patients. Also, in regard to providers if the nurse notices the patient requires a specific consult the nurse can help facilitate said consult for the patients needs.

Respect of religious beliefs- Nurses on the units allowed patients time to carry out any special religious activities and respected and religious beliefs. This can range from anything from allowing religious figures such as monks to come in to see the patient to help with any spiritual needs. Nurses can help by obtaining object in need for this such as a private room or appropriate necessities.

Concern for cultural differences- This goes in tandem with above category. This just encourages nurses to incorporate any cultural needs in their care plan to effectively treat the patient. A big thing with this is to ask the patient questions of what they expect and what they aren't allowed if their culture dictates as such. An example of this is in Mongolia they use dried wolf's tongues or ankles in shamanic rituals.

3. How can you use the information obtained from this article as you become a registered nurse? How will this affect the quality of care you provide? (explain)

The biggest thing I took away from this article was to talk and listen to my patients. By doing so I can glean how I can help my patient get better and prevent any cultural no no's if they are dictated by their religion. Then by being open and receptive with patients and family members it keeps that line of communication open and the patient will notice that and voice any concerns that have not been addressed to effectively treat them and encourage aa safe discharge home.