



HYPOGLYCEMIA

Insufficient Food

History

Excess Exercise

Excess Insulin

Onset Rapid...
1 - 3 Hours

- Anxious
 - Sweaty
 - Hungry
 - Confused
 - Blurred or Double Vision
 - Shaky
 - Irritable
 - Cool, Clammy Skin
- “ ”
- CJ MILLER



Needs...

BLOOD SUGAR

