

Skills Lab Competency Evaluation	Lab Skills										
	Week 1 (4)*	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 8/29/2022	Date: 9/6/2022	Date: 9/14/2022	Date: 9/21/2022	Date: 9/28/22	Date: 10/5/2022	Date: 10/12/22	Date: 10/19 & 10/20/2022	Date: 10/26/2022	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory											
Evaluation:	S	S	S	S	S	S	S	U S-Doc Lab	S		
Faculty Initials	AR	AR	AR	FB	NS	LM	NS	LM	AR		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	10/25/2022 S LM	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2022
Skills Lab Competency Tool

Student Name: Hannah Castro

Comments:

Week 1 (Technology Lab):

During this lab you were able to satisfactorily navigate:

- Edvance360 Learning Management System and sample quiz.
- Skyscape Resource System.
- Assessment Technologies Institute (ATI) / Virtual Simulation (vSim) Systems.
- Guided tour of library and computer lab. AR

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Great job in the lab and during your first 1:1 checkoff this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. You did not require any prompts throughout the whole checkoff, however remember to always check the patient's name band as they are stating their name and date of birth. I would like you to practice taking blood pressures over the next few weeks in the lab. This will boost your confidence in your technique. Keep up the great work!!

AR

Week 4 (Assessment):

Satisfactory with Head to toe assessment guided practice, hand-off report activity, and Lexicomp/Intranet navigation activity. You will be observed 1:1 for head to toe assessment competency during week 5. FB

Week 5 (Assessment; Mobility):

Hannah, nice job with your head-to-toe assessment check-off! Although you were nervous you did very well. You were calm, comforting, and thorough in your approach. You were able to remind yourself on bowel pattern and urinary pattern before finishing, nice job! You were clearly well-prepared, just remember to be confident in yourself! One prompt was needed to complete a more thorough pain assessment. Otherwise, job well done! NS

Feedback on documentation this week: With this being the first time that you fully documented these interventions, you did a great job paying close attention to detail.

- Vital Signs- Documentation was accurate and complete.
- Assessment- Documentation was accurate and complete.
- Safety- Documentation was accurate and complete.

- Pain- Documentation was accurate and complete.

Mobility Lab 9/29/2022: Satisfactory completion of mobility lab through demonstration of the following: Logrolling/turning a patient, lifting a patient in bed, repositioning from lying to sitting, repositioning from sitting to standing, stand/pivot transfer from a bed to a chair, ambulating with a walker, ambulating with crutches, ambulating with a cane, use of a gait belt, and safe use of a wheelchair. Proper body mechanics were utilized to promote safety for the health care worker and the patient. Great job with active participation throughout the duration of the lab. NS

Week 6 (Personal Hygiene Skills):

Satisfactory with patient hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal; Feedings):

Week 7 (NG Skills: Insertion, Irrigation, and Removal; Feeding; Tube Feeding; Dysphagia screen):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. You were able to practice administering intermittent tube feeding using the gravity method while also confirming tube placement with gastric residual. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, performed a nursing dysphagia screen according to protocol, and completed the assigned documentation in Meditech. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

Hannah, overall, you did a good job in the lab this week. You were satisfactory with the following skills: Sterile Glove Application and Foley Catheter Removal. However, you were unsatisfactory with the Foley catheter insertion process on a female. You brought the sterile Foley catheter kit into the room with the kit already removed from the plastic wrap and placed the kit on the "patient's" bed before completing any of the skills' steps. You also broke sterile technique when you were removing the plastic covering from the catheter causing the plastic wrap to touch the bed while continuing to remove the wrap with your sterile gloves. You also opened the Foley catheter kit incorrectly, opening the last flap furthest away from you thus reaching over the sterile field. One prompt was needed for stating that you were going to document the procedure in Meditech after completion of the Foley catheter insertion on a female. One prompt was needed during the Foley catheter removal process for remembering to hold onto the catheter at the labia/meatus site until it is removed. You had good communication with your "patient". You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Meditech

documentation for Urinary Catheter Management. Good job, Hannah! Continue to practice the Foley catheter removal process on a female. You are scheduled for remediation on Tuesday, October 25th at 1130. LM

Documentation Lab – You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed in preparation for clinical. Feedback and remediation were provided as needed during the documentation review. Great job! NS/CB

10/25/2022 – Remediation of Foley catheter insertion on a female:

Hannah, you were satisfactory with the Foley catheter insertion process on a female. You did not require any prompts throughout the whole insertion process! You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, and had very good communication with your “patient”. Great job, Hannah! LM

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry, I&O Station):

You have demonstrated competence in the skill of wound assessment and wound care through guided observation. You accurately demonstrated a Dry Sterile Dressing and a Sterile Wet to Dry Dressing using appropriate technique. Documentation was completed related to wound care in the Meditech system. Additionally, you gained experience in measuring accurate PO intake, JP drain output, NG tube output, urine output and demonstrated competence in collecting a urine specimen from a Foley catheter bag using aseptic technique. Clinical scenario questions were presented to the group with active participation from all students. Great job this week! NS/AR

Week 10 (Safety; Infection Control; Prioritization; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Map Development):

Week 11 (Case Scenario; Care Map Development; Medication Lab; Open Lab):

8/23/2022