

Skills Lab Competency Evaluation	Lab Skills										
	Week 1 (4)*	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 8/29/2022	Date: 9/7/2022	Date: 9/12/2022	Date: 9/19/2022	Date: 9/28/2022	Date: 10/3/2022	Date: 10/10/2022	Date: 10/17 & 19/2022	Date: 10/24/2022	Date:	Date:
Performance Codes: S: Satisfactory U: Unsatisfactory											
Evaluation:	S	S	S	S	S	S	S	S	S		
Faculty Initials	AR	AR	AR	LM	LM	AR	AR	AR	CB		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA	NA		

*Course Objectives

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2022
Skills Lab Competency Tool

Student Name: Allison Martin

Comments:

Week 1 (Technology Lab):

During this lab you were able to satisfactorily navigate:

- Edvance360 Learning Management System and sample quiz.
- Skyscape Resource System.
- Assessment Technologies Institute (ATI) / Virtual Simulation (vSim) Systems.
- Guided tour of library and computer lab. AR

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. You did not require any prompts throughout the whole checkoff! Keep up the great work!! AR

Week 4 (Assessment):

Satisfactory with head to toe assessment guided practice, hand-off report activity, and Lexicomp/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

Week 5 (Assessment; Mobility):

Allison, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 1 prompt related to remembering to palpate the four quadrants of the abdomen for firmness, distention, and tenderness. You demonstrated friendly, professional, and informative communication. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some areas for improvement. You did an excellent job, overall, with your Meditech documentation. You documented on the interventions listed below; however, some areas were omitted. Please review each area of documentation within the next two weeks so you can examine areas that were omitted. I want you to feel comfortable and confident with Meditech documentation. LM

- Vital Signs- your documentation was accurate and complete.
- Physical re-assessment- Trachea description should have been marked "midline"; otherwise your documentation was accurate and complete!
- Safety- your documentation was accurate and complete.

- Pain- Under “orders received” you marked, “No”. This should not have been marked.

Overall, you did an excellent job with your charting! LM

Mobility Lab 9/29/2022: Satisfactory completion of mobility lab through demonstration of the following: Logrolling/turning a patient, lifting a patient in bed, repositioning from lying to sitting, repositioning from sitting to standing, stand/pivot transfer from a bed to a chair, ambulating with a walker, ambulating with crutches, ambulating with a cane, use of a gait belt, and safe use of a wheelchair. Proper body mechanics were utilized to promote safety for the health care worker and the patient. Great job with active participation throughout the duration of the lab. NS

Week 6 (Personal Hygiene Skills):

Satisfactory with patient hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expense Test Hospital documentation. Keep up the great work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal; Feeding; Tube Feeding; Dysphagia screen):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. You were able to practice administering intermittent tube feeding using the gravity method while also confirming tube placement with gastric residual. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, performed a nursing dysphagia screen according to protocol, and completed the assigned documentation in Meditech. Keep up the hard work! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Sterile Glove Application, Foley Catheter Insertion (female), and Foley Catheter Removal. No prompts were needed throughout the whole process! Excellent job! A couple things to keep in mind when inserting a foley catheter: when performing peri-care and cleansing the area with the supplied wipe, separate the labia with your non-dominant hand for more effective cleaning; after placing first sterile glove, don't attempt to “fix” it until after both sterile gloves are in place. You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, and had very good communication with your “patient”. Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Meditech documentation for Urinary Catheter Management. Keep up the great work!!! AR

Week 8 Documentation Lab – You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained

experience with each intervention listed in preparation for clinical. Feedback and remediation was provided as needed during the documentation review. Great job! NS/CB

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry, I&O Station):

You have demonstrated competence in the skill of wound assessment and wound care through guided observation. You accurately demonstrated a Dry Sterile Dressing and a Sterile Wet to Dry Dressing using appropriate technique. Documentation was completed related to wound care in the Meditech system. Additionally, you gained experience in measuring accurate PO intake, JP drain output, NG tube output, urine output and demonstrated competence in collecting a urine specimen from a Foley catheter bag using aseptic technique. Clinical scenario questions were presented to the group with active participation from all students. Great job this week! NS/CB

Week 10 (Safety; Infection Control; Prioritization; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Map Development):

Week 11 (Case Scenario; Care Map Development; Medication Lab; Open Lab):

8/23/2022