

NEUROMUSCULAR	-1	0	1	2	3	4	5	
POSTURE								3
SQUARE WINDOW (Wink)								3
ARM RECOIL								4
POPULTEAL ANGLE								5
SCARFSIGN								4
HEEL TO EAR								4
Total:								23

PHYSICAL	-1	0	1	2	3	4	5	
SKIN	sticky friable transparent	gelatinous red translucent	smooth pink visible veins	superficial peeling &/or rash, few veins	cracking pale areas rare veins	parchment deep cracking no vessels	leathery cracked wrinkled	2
LANUGO	none	sparse	abundant	thinning	bald areas	mostly bald		3
PLANTAR SURFACE	heel-toe 40-50 mm: -1 <40 mm: -2	>50 mm no crease	faint red marks	anterior transverse crease only	creases ant. 2/3	creases over entire sole		3
BREAST	imperceptible	barely perceptible	flat areola no bud	stippled areola 1-2 mm bud	raised areola 3-4 mm bud	full areola 5-10 mm bud		4
EYE/EAR	lids fused loosely: -1 tightly: -2	lids open pinna flat stays folded	sl. curved pinna; soft; slow recoil	well curved pinna; soft but ready recoil	formed & firm instant recoil	thick cartilage ear stiff		3
GENITALS (Male)	scrotum flat, smooth	scrotum empty faint rugae	testes in upper canal rare rugae	testes descending few rugae	testes down good rugae	testes pendulous deep rugae		2
GENITALS (Female)	clitoris prominent & labia flat	prominent clitoris & small labia minora	prominent clitoris & enlarging minora	majora & minora equally prominent	majora large minora small	majora cover clitoris & minora		
Total:								17

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Firelands Maturity Rating Scale for Newborns