

Firelands Regional Medical Center School of Nursing Care Map

Student Name _____

Date _____

Noticing/Recognizing Cues:

Highlight all data from each box relevant to top nursing priority

Subjective Assessment findings:

- "I still have suicidal ideations, but I'm going to tell the doctor I don't, just so I can go home."
- "I never cry and can't remember the last time I did."

Objective Assessment Findings:

- Unkempt
- Dysphoria
- Flat, sad affect
- Negative speaking at times
- HR: 56
- BP: 101/60

Lab findings/diagnostic tests:

- BAC: 0.136
- Urine occult blood: Trace H
- Urine Bacteria: 1+ H

Risk factors:

- Age
- Chronic stress
- Alcohol use
- Ineffective coping skills
- Suicidal ideations
- Poor self esteem
- Anxiety
- Loneliness



Interpreting/Analyzing Cues/Prioritizing Hypotheses/Generating Solutions:

Nursing priorities:

- Impaired mood regulation
- Care giver role strain

Potential complications:

Impaired mood regulation

- Violence to self or others
- Substance abuse
- Lack of problem-solving skills
- Poor self-concept

Care giver role strain

- Financial burdens
- Increased stress
- Role changes in family
- Loss of interest in activities

Responding/Taking Actions:

Nursing interventions:

- Administer the suicide questionnaire, upon admission or PRN

Rationale: to determine patients risks and needs while at the hospital

- Assess suicidal ideation observation; q 15 minutes

Rationale: to make sure the patient is safe

- Assess for harmful items or substances, upon assessment or PRN

Rationale: to provide safe harm free environment

- Administer antidepressants and or antianxiety meds, q6h or PRN

Rationale: to relieve nerves and improvement in suicidal ideations

- Encourage patient to talk about feelings, constantly or PRN

Rationale: creates a sense of control over feelings and emotions rather than bottling them up

- Educate patient on effective and beneficial coping skills, PRN

Rationale: to provide patient with healthy ways to relieve stress, anxiety, and depression

- Educate patient on resources and counseling options for discharge, PRN

Rationale: provides patient with help in mental illness

Reflecting/Evaluate Outcomes:

Evaluation:

- Patient is no longer at harm to themselves
 - Patient acknowledges reality of mood and needs
 - Patient identifies beneficial coping skills
 - Patient participates in group therapy and counseling
 - Patient uses resources to help in time of need
 - Patient identifies ways to reduce suicidal ideations
- CONTINUE PLAN OF CARE