

**Firelands Regional Medical Center School of Nursing**  
**Nursing Access**  
**Online Discussion #1**  
**Integumentary Case Study**

**Original Post Due by 1200 on Thursday 09/29/2022**  
**Response Due by 1200 on Friday 09/30/2022**

**All online discussion groups will be found under the “Discussions” tab of the course in Edvance360. Your original post for each discussion group is to be completed by Thursday at 1200 and must consist of at least 250 words. All students are expected to respond substantively to at least one other student posting by Friday at 1200. A substantive response consists of at least a 100 word response and includes more than simply agreeing with or restating another peers’ comments. Please refer to the Online Discussion Grading Rubric for details on requirements for online discussions.**

**Instructions:** Read the patient profile and case study below. After reading the information, answer the accompanying questions by 1200 on Thursday 09/29/2022. Respond to one of your peers in a substantive manner by 1200 on Friday 09/30/2022. You are allotted 1-hour total of theory (online) time for your original post and your substantive response. You may use journal articles, Skyscape, or your textbooks as resources to assist you in answering the questions.

### **Patient Profile**

Mrs. Johnson is a 73-year-old woman who had a stroke less than a year ago. Mrs. Johnson is alert and oriented. She feels the urge to void and knows when she has to go to the bathroom, however due to right-sided weakness, she is not always able to get to the bathroom in time. For this reason, she wears incontinence undergarments. Mrs. Johnson’s daughter, Eva, stops by twice each day to check on Mrs. Johnson and prepare meals for her. There are times when Mrs. Johnson is incontinent and remains in a wet undergarment until Eva comes to visit.

### **Case Study**

While assisting Mrs. Johnson in the bathroom, Eva notices that Mrs. Johnson’s coccyx and perineum area are reddened and excoriated. Eva learns that Mrs. Johnson sometimes sits in a wet undergarment until she arrives. Mrs. Johnson explains, “I know I am wet. It is just easier to wait for you to get here than to try and change the undergarment myself.” Eva is concerned. She calls a local visiting nurses association to get some information about how to manage her mother’s incontinence and asks if there is anything she can do to reduce the redness.

## Case Study Questions

1. Define incontinence.
2. Which type of incontinence does Mrs. Johnson have (e.g. stress, reflex, urge, functional, total, transient)? What data supports this?
3. Mrs. Johnson tells the nurse, "I try to limit the amount of fluid I drink to one or two small glasses a day so that I do not have to go to the bathroom as much." What teaching should the nurse provide in response to Mrs. Johnson's comment?
4. List at least three factors that are contributing to Mrs. Johnson's impaired skin integrity.
5. What are three teaching points the visiting nurse should include while providing education to Eva for care of Mrs. Johnson's skin?
6. List one appropriate nursing diagnosis for Mrs. Johnson.