

Juan Carlos Reflection Questions

1. How did the simulation of Juan Carlos make you feel?
 - This simulation made me realize how important it is to check patient's sugar in a timely manner. As we saw in this scenario, a patient can be fine before administering insulin but not feeling good after. It is important to act quickly and appropriately. In my case when the patient said he wasn't feeling right, I rechecked his sugar and determined that his blood sugar was low. I acted quickly to get the patient some juice, and then reassessed the sugar. The sugar was within acceptable range so I gave the patient a carbohydrate to keep his sugar right. I reassessed his vitals and how he was feeling and then got ahead of the provider to let them know about what happened.
2. Tell me the actions you thought went well in this scenario.
 - I was able to act quickly and reverse the patient's hypoglycemia after he administered insulin. I was able to recognize that the patient was not feeling right and make the nursing judgement to recheck his blood sugar. I acted appropriately based on that by giving him a juice and then a snack in a timely manner. I did not wait.
3. Reflecting on Juan Carlos's case were there any actions you would do differently if you were able to repeat the scenario? If so how would your patient care change?
 - I would educate the patient more on signs and symptoms of hypoglycemia and the steps of what to do. I would tell him to check his blood sugar immediately. I would make sure to stress that he needs to carry a snack or hard candy with him at all times in case his sugar does go low. I would educate him on how glucose isn't always going to be the same it is going to fluctuate throughout the day depending on the patient.
4. What data that was presented to you or that you gathered indicated a need for more education for Juan Carlos in regard to Diabetes management?
 - Juan Carlos waited a few weeks to get his open wound on his foot looked at. The patient needs to be educated on that he needs to be performing checks of his feet on a daily basis. Diabetes is interfering with his ability to heal. He could have easily developed a severe infection and lost his foot because he wasn't looking out for himself or if he was he chose to ignore his wound. The patient also needed to be educated on signs and symptoms of hypoglycemia and what to do if he starts to feel not right. He should check his sugar right away and eat a snack or drink some juice to boost his blood sugar back up. He needs to keep a better idea on his sugar and make sure he is checking it routinely. He also needs to take his insulin routinely and make sure his sugars are better controlled.