

**Unit 2: Conflict Management**  
**Z-Chapter 13**

**ONLINE CONTENT (1.5H)**

**Review Chapter 13 and the attached article entitled: Running on Empty: Compassion Fatigue in Nurses and Non-Professional Caregivers, and place your answers to the following questions in the Unit 2: Z-Chapter 13 dropbox by 0800 on 2/7/2022.**

1. You have recognized one of your co-workers is suffering from Compassion Fatigue. Discuss specific ways you would deal with this person if they were:

(Provide specific examples and techniques)

- a. A Sherman Tank
- b. A Sniper
- c. A Constant Complainer
- d. A Clam

2. Pick one of the ways to offset or reduce the risk of compassion fatigue in staff members (article) and provide **specific** examples a Unit Director could utilize in order to accomplish this.

3. You are a new graduate RN working on a busy Medical-Surgical Unit. The patient assignment you have for the day is a very heavy workload, and the Charge Nurse has just informed you that you are getting a new admission from the ED. You know that you will not be able to manage your patient load and this admission. Utilizing the model for conflict resolution, provide specific examples of how you would manage this situation by using:

- a. Accommodation
- b. Collaboration
- c. Compromise
- d. Avoidance
- e. Competition

***In order to receive full credit (1.5H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.***