

Dayspring Bible College & Seminary

Introduction to Biblical Counseling PT101

Instructor: Pastor Mark Julian

I. Course Description

This course contrasts the tenets of psychology with the truths of the Bible. It demonstrates the sufficiency of the Bible in dealing with man's problems.

II. Course Objectives

As a result of taking this class, the student should be able to demonstrate a deeper understanding of the foundational workings of the Christian life. The student will also be equipped with foundational tools to shepherd another individual through changes to help them develop a closer walk with the Lord.

III. Course Requirements

A. Class work

- Study Pack #1 Introduction to Biblical Counseling
- Study Pack #2 Biblical Shepherding
- Study Pack #3 Getting to the Heart
- Study Pack #4 The Process
- Study Pack #5 What Does the Sanctification Process Look Like?
Planning Chart Assignment
- Study Pack #6 Getting Involved
- Study Pack #7 Getting the Data
Impediments and Facilitators Chart Assignment
- Study Pack #8 Knowing the Problem
- Study Pack #9 What is the Solution?
- Study Pack #10 Model for Biblical Change
"Put Off, Put On" Chart Assignment
- Study Pack #11 Keep Stepping
Practical Change Assignment: "Building Blocks to Wise Choices"

B. Papers

- 500-word paper on what the Bible says about personal responsibility
- 500-word paper on the sanctification process

IV. Tests & Grading

- Study Packs 1-3 – Test 1
- Study Packs 4-5 – Test 2
- Study Packs 6-8 – Test 3
- Study Packs 9-11 – Test 4