

## Study Pack #9 What is the Solution?

### Five Elements to Encourage Change:

4. What is the \_\_\_\_\_?

God's solution always involves \_\_\_\_\_ hearts and lives!

Always \_\_\_\_\_ people back to Christ, increasing their faith and changing their desires.

Effective solutions involve three sources that contribute to lasting change:

- God – growing in your love for the \_\_\_\_\_
- God's Word – growing in the \_\_\_\_\_ of God's Word
- God's People – support from \_\_\_\_\_

Most failure in the change process is not because people don't \_\_\_\_\_ what God requires. The breakdown happens when a person fails to \_\_\_\_\_ themselves to the strength that God provides to live the Christian life.

God didn't intend for us to be \_\_\_\_\_, isolated from fellowship, and isolated from accountability to His people.

God's Word is a source of \_\_\_\_\_ and guidance for every believer. To help people experience that lasting change, we need to have consistent connections with the God given resources of \_\_\_\_\_.

Your \_\_\_\_\_ are going to be designed to help that person create lasting change, and that lasting change is always going to involve heart, mind, and body.

Disciplined b \_\_\_\_\_ – based on the truth of God's Word

Disciplined a \_\_\_\_\_ – self-control, obedience to God's Word

Disciplined f \_\_\_\_\_ – emotions under biblical authority

Body-Heart Interaction:

- B: B \_\_\_\_\_ Patterns
- T: T \_\_\_\_\_ Patterns
- F: E \_\_\_\_\_ Patterns ("Feelings")

God defines the heart:

- Where all the issues of \_\_\_\_\_ come from (Proverbs 4:23)
- The source of our \_\_\_\_\_ (Luke 6:45; Mark 7:17-23)
- Reflects what we \_\_\_\_\_ (Matthew 6:19-24)

God's Word is all about changing lives. We're not merely reading God's Word for \_\_\_\_\_, but with the purpose of allowing the Holy Spirit to use it to help us experience lasting \_\_\_\_\_.

Truth #1 – The Bible is a very \_\_\_\_\_ book.

Truth #2 – The Bible presents the holistic model for me to \_\_\_\_\_.

Truth #3 – The Bible guides believers in \_\_\_\_\_ area of life.