

Study Pack #8 Knowing the Problem

Five Elements to Encourage Change:

3. Knowing the _____

God's Word has the _____ for our problems that we face each and every day and will guide us to walk in obedience to Him.

These truths will only work if they're _____.

Transformation begins on the _____ by faith.

Knowing the Problem:

- Help Them _____
- Help Them _____ Condition and Fruit
- Help Them Identify and _____

Help them do some personal inventory in their lives (actions, thoughts, words, beliefs, emotions). Bring them back to _____, which is found in Scripture.

Help them evaluate their condition:

- Is their heart growing _____ or harder to the things of the Lord?
- Are they _____ or living intentionally?
- Is their heart seeking after God or to gratify the _____?
- Are they weakened by _____?
- Are they _____ in their faith?

Help them evaluate their fruit:

- E _____ – How do they feel about life and life's circumstances?
- A _____ – Are they doing what they need to do?
- C _____ – What do they believe about God and others?
- H _____ – What are they repeatedly thinking about and living out?
- H _____ – What has happened that is contributing to this present struggle?

Philippians 4:5-9

⁵ Let your moderation be known unto all men. The Lord is at hand. ⁶ Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. ⁷ And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. ⁸ Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on

these things. ⁹Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Help them identify and address:

- Are they craving something that is _____ by God?
- Are they craving something _____ by God but it's sinning? (becoming enslaved to anything leads to sin)
- Are they motivated by _____ desires for pleasure, security, approval by others, Escape, peace, etc.?
- _____ practices – substance abuse, alcohol, drugs, addiction
- Idolatrous _____ – “I have a right to...”

If you had a choice to be holy or happy, which would you choose? Scripture says to choose _____ because in the long run it will create happiness.

Good Questions to Ask:

What do I not have in my life that, if only I had it, I believe would make me _____?

What do I now have that, if taken away, would leave me _____ or devastated?

What do I have now that I spend a lot of time maintaining and struggling to _____?

What is it that I now have in my life that I cannot live _____?