

## Study Pack #3 Getting to the Heart

### Proverbs 4:23

<sup>23</sup> Keep thy heart with all diligence; for out of it are the issues of life.

The thrust of Jesus' teaching was that ultimately all of our words and actions proceed from and reflect the \_\_\_\_\_ of our heart.

Jesus exposed the brokenness of His followers, but he died to \_\_\_\_\_ their sinful hearts, and remedy that brokenness.

Behavioral change is not lasting. There has to be a \_\_\_\_\_ change for it to last.

Never separate your \_\_\_\_\_ from your heart. The heart is the seat of everything (the emotions, thoughts, etc.), and we're told in Scripture that everything we do stems from it.

What Does the Bible Mean by "Heart"?

- Our heart is the source of what we \_\_\_\_\_. (Emotional)
- Our heart generates the \_\_\_\_\_ we think. (Cognitive)
- Our heart is behind all our \_\_\_\_\_. (Behavioral)

The heart is the \_\_\_\_\_ center for every desire, thought, and action. What we think, desire, and do all come from the heart.

Every person is \_\_\_\_\_ for the condition of their own heart.

### Jeremiah 17:9

<sup>9</sup>The heart is deceitful above all things, and desperately wicked: who can know it?

What happens when we focus on behaviors, and not thoughts and desires?  
We get frustrated, and there's no real \_\_\_\_\_.

What happens when we focus on desires, but not behaviors and thoughts?  
Everything becomes \_\_\_\_\_.

What happens when we focus on thoughts, but not actions or desires?  
We don't have any \_\_\_\_\_.

\_\_\_\_\_ is the key to engage our desires, thoughts, and actions. Christ sought to increase faith in those who are broken, and help them with their emotions, their thoughts, and their behaviors.

Changing \_\_\_\_\_ alone does not lead to lasting change. The goal is to help people understand their brokenness. Only the scriptures lead us to a Redeemer, One Who is able to restore our hearts as we faithfully seek Him.

Three distinct types of people that are routinely characterized in Scripture:

- The w \_\_\_\_\_
- The i \_\_\_\_\_
- The r \_\_\_\_\_

What happens if you encourage a rebel?

He \_\_\_\_\_ his heart. He knows the truth, but he refuses it.

What happens if you rebuke a weak and discouraged person?

You're going to \_\_\_\_\_ them.

What happens if you encourage an ignorant person that lacks training?

They are looking for someone to \_\_\_\_\_ them, to train them, and to walk them through the difficulties that they're facing.

Biblical shepherding requires you to be \_\_\_\_\_ and discerning.

Be firm but be patient. Take time to know the heart of the person that you're helping. Learn to \_\_\_\_\_.

Shepherds who only rebuke sheep, or shepherds who only encourage sheep ultimately \_\_\_\_\_ the growth of their sheep. There has to be a balance.

Care for the sinners and care for the \_\_\_\_\_ they need to make.

Always have \_\_\_\_\_ in God's Word.

Scripture has a \_\_\_\_\_ priority and power to save and transform hearts.

### **2 Timothy 3:15-16**

<sup>15</sup> And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus. <sup>16</sup> All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

There is nothing \_\_\_\_\_ in the scriptures.

God's Pattern of Communication to Us:

- D \_\_\_\_\_
- R \_\_\_\_\_
- C \_\_\_\_\_
- Training in R \_\_\_\_\_

What is the end goal of the scripture?

Developing a \_\_\_\_\_, Christ-like Christian

Shepherding is aiming towards maturity. It is \_\_\_\_\_ someone to become spiritual as we walk along with them.

**Ephesians 4:12-13**

<sup>12</sup>For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ: <sup>13</sup>Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ:

It does not happen by \_\_\_\_\_. It has to be something that we do intentionally.

The Scripture has a unique ability to produce that spiritual \_\_\_\_\_.

Most people that are struggling don't need a quick bit of wisdom; they need your ongoing \_\_\_\_\_.

You can't help people if they don't know you \_\_\_\_\_.